

# Canyon du Trou Souffleur

**Info:** La qualità di questa descrizione non è stata ancora controllata o è stata valutata negativa.

Se si conosce questo canyon, si prega di controllare questa descrizione e di inviare una segnalazione con una valutazione per questa descrizione utilizzando Segnalazioni +Nuova segnalazione. Se notate un errore, fatecelo sapere o unitevi alla comunità per correggere voi stessi questa descrizione.

**Creare:** 2025-10-13 10:37:41

**Aggiornamento:** 2025-10-13  
10:41:41

**Stampa:** 2026-04-05 11:04:08

**Paese:** France **Regione:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Sottoregione:** Bouches-du-Rhône **Città:** La Ciotat

**Difficoltà:** non così difficile

**Grado:** v3 a1 III

**Tempo totale:** 2h40

**Tempo avvicinamento:** 10min

**Tempo giaro:** 1h30

**Tempo ritorno:** 1h

**Altitudine di entrata:** 110m

**Altitudine di uscita:** 0m

**Altitudine delta:** 110m

**Lunghezza del canyon:** 450m

**Rapel più alto:** 25m

**Quantità rapelli:**

**Transporto:**

**Tipo di roccia:**

**Area di ingresso:** km<sup>2</sup>

**Stagione:**

**Orientamento:**

**Tempo migliore:**

**Valutazione:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialità:**

**Attrezzatura:**

Corde: 2x 35m

**Sintesi:** (traduzione alternativa)

3 waterfalls under 10 m -then c15 + c25

Highlight: ropeway 12 mm stainless steel cable double pulley

**Idrologia:** (traduzione alternativa)

Dry

**Accesso:** (traduzione alternativa)

La Ciotat, Route de Notre Dame. Attention, the street is closed to traffic, except for residents behind the residences of the Garde :-)

**Avvicinamento:** (traduzione alternativa)

At the exit of the road, the canyon below begins. Walk down the road to find a path (signs) that allows you to bypass a first part overgrown with brush.

**Giro:** (traduzione alternativa)

2-3 waterfalls less than 10 m high, then it really gets going with C15+C25 in succession. Reach a ledge and then cross the ropeway.

- Important: The ropes were replaced in May 2018. Bring a double pulley to cross the cableway on the 12 mm stainless steel rope installed by the mountain guide office to keep it in good condition for as long as possible.

- The fixed ropes are replaced regularly according to their wear and tear. Nevertheless, it is important to check their condition.

- Please leave the equipment in place (ropes, stainless steel links, stainless steel plates).

Caution: The ropes must not be left in the sea, otherwise they will be blocked by the current.

Another risk: even if the canyon is dry, the sea must not be too rough as it is very difficult to reach the ledge below the C25.

We strongly advise against doing this type of route in easterly, south-easterly or mistral winds, as well as in even moderate swell. The risk of being swept away by a wave is high.

**Ritorno:** (traduzione alternativa)

It is quite complex and at the same time quite easy. You arrive at the bottom in a bay, rappel another 5 m and then find the (steep) way back down the side of the rock (blue markings). Once at the top, head back to the ruins and then to the car.

**Coordinate:**

Inizio del canyon [43.1701 5.5866](#)

Fine del canyon [43.1693 5.5871](#)

**Rapporti:**

2026-02-26 | System User |    Secco |  Completato

Automatic importiert von Descente-Canyon.com für Canyon Trou Souffleur (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html>)

2025-12-28 | System User |    Secco |  Completato

Automatic importiert von Descente-Canyon.com für Canyon Trou Souffleur (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html>)

2025-12-18 | System User |    Secco |  Completato

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2025-11-27 | System User |    Secco |  Completato

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2025-11-19 | System User |    Secco |  Completato

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2025-11-11 | System User |    Secco |  Non fatto

Automatic importiert von Descente-Canyon.com für Canyon Trou Souffleur Le retour du Souffleur a été rééquipé (comme la partie précédente, avec des broches inox scellées) et légèrement retracé : plus besoin de faire de rappels sur la partie après la tyrolienne. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html>)

2025-11-09 | System User |    Secco |  Completato

Automatic importiert von Descente-Canyon.com für Canyon Trou Souffleur (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html>)

2025-11-03 | System User |    Secco |  Completato

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2025-10-15 | System User |    Secco |  Completato

Automatic importiert von Descente-Canyon.com für Canyon Trou Souffleur Fait avec max (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html>)

2025-10-15 | System User |    Secco |  Completato

Automatic importiert von Descente-Canyon.com für Canyon Trou Souffleur (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html>)

2025-10-12 | System User |    Secco |  Completato

Automatic importiert von Descente-Canyon.com für Canyon Trou Souffleur Canyon tras joli en ambiance, facile, plus de corde fixe sur la vire du bas . Il existe un whatsapp pour voir quand il y a des départs des BE.Dommage que la courtoisie n'existe pas avec les autres clubs pour laisser passer! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20928/observations.html>)