

# Terminet

Clue du Terminet, Le Sou, Sou, Termenet

<b>Creare:</b> 2023-03-09 20:54:53	<b>Aggiornamento:</b> 2023-10-14 09:16:24	<b>Stampa:</b> 2026-04-06 12:04:31
<b>Paese:</b> France <b>Regione:</b> Occitanie <b>Sottoregione:</b> Aude <b>Città:</b> Termes		
<b>Difficoltà:</b> un po' difficile	<b>Grado:</b> v3 a4 II	<b>Tempo totale:</b> 1h35
<b>Tempo avvicinamento:</b> 15min	<b>Tempo giaro:</b> 1h	<b>Tempo ritorno:</b> 20min
<b>Altitudine di entrata:</b> 310m	<b>Altitudine di uscita:</b> 250m	<b>Altitudine delta:</b> 60m
<b>Lunghezza del canyon:</b> 400m	<b>Rapel più alto:</b> 10m	<b>Quantità rapelli:</b> 9
<b>Transporto:</b> a piedi	<b>Tipo di roccia:</b> limestone	<b>Area di ingresso:</b> km <sup>2</sup>
<b>Stagione:</b>	<b>Orientamento:</b> Nord-Ovest	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 3.7 (3)	<b>Info:</b> ★ 3 (1)	<b>Belay:</b> ★ 3 (1)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 1x25m		
<b>Sintesi:</b> (traduzione alternativa) Short friendly canyon (also very suitable for beginners and obviously well frequented)		
<b>Idrologia:</b>		
<b>Accesso:</b> (traduzione alternativa) From the 'Autoroute des deux mers' A-61 between Narbonne and Carcassonne, 21 km after the junction with the A-9 ('la Longuedocienne'), take exit no. 25 (Lezignan) onto the D-212 and drive in a south-westerly direction to Lagrasse (campsite on the heights before the town). Continue first on the D-23/D-212 upstream in the Alsou valley via St. Pierre des Champs and St. Martin des Puits. 18.5 km after Lagrasse, the D-40 branches off to the left (south-east) towards Terminet. About 500m before the first tunnel (over 3.3m clearance height), there is a parking lot on the left, partly under shady trees. Park your car here. Fee (2023) 4 euros for car, 6 euros for motorhome. Somewhat difficult approach and departure.		
<b>Avvicinamento:</b> (traduzione alternativa) From the parking lot, continue on the road through 2 tunnels (left view down into the canyon). Approx. 50 m after the second tunnel, a 'path' leads steeply down to the river.		
<b>Giro:</b> (traduzione alternativa) 4 smaller rappels, swimming sections, exit possibility before and after the high jump (5-7m) left up to the road. Possible jumps, underground passage. You can bypass the siphon on the righthand side, but if the water flow is moderate you can also rappel into the siphon pump and dive 30 cm through.		
<b>Ritorno:</b> (traduzione alternativa) At the last wide waterfall with a large pool, turn right and walk slightly uphill to a path. It first leads downhill, then left over the stream and side stream, then up to the parking lot.		
<b>Coordinate:</b> Inizio del canyon <a href="#">43.0045 2.5573</a> Fine del canyon <a href="#">43.0057 2.5544</a> Parcheggio Entrata e uscita <a href="#">43.0049 2.5514</a>		

## Rapporti:

2026-03-05 | System User | |📖|📌|🌊 Folle | 🚫 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Terminet (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2026-03-01 | System User | |📖|📌|🌊 Alto | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Terminet GD + pour ce canyon rarement dans cet état (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2026-03-01 | System User | |📖|📌|🌊 Alto | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Gros débit pour le canyon, pas de danger en particulier (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2026-02-01 | System User | |📖|📌|🌊 Folle | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Enfin !! Enfin!! Attention, attention, risq XX esperer la décrue plus tranquille. Hace 2 fois pour bien profiter tellement court mais tellement beau ! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2025-12-28 | System User | |📖|📌|🌊 Folle | 🚫 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Le père Noël est passé, le canyon recoule !!En crue, la première cascade déborde dans la seconde.Attendre la décrue.Parking fermé, un peu de place en face ou devant la barrière. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2025-07-01 | System User | |📖|📌|🌊 Secco | 🚫 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Ultra déçu ! Vue des échappatoires : vasques vides sauf la dernière due à la résurgence. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2025-05-29 | System User | |📖|📌|🌊 Secco | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Sec au debut. Vasques croupies. Bas de combie seulement (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2025-05-17 | System User | |📖|📌|🌊 Secco | 🚫 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Sec au départ. Seule la résurgence coule pour alimenter la fin du canyon. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2025-05-16 | System User | |📖|📌|🌊 Secco | 🚫 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Sec au départ. Seule la résurgence coule pour alimenter la fin du canyon. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2025-04-27 | System User | |📖|📌|🌊 Secco | 🚫 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Rien ne coule les vasques sont vides voir les photos mis sur le site . Que c est dommage .Seulement à l arrivée un peu d eau coule à la cascade (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2025-04-20 | System User | |📖|📌|🌊 Secco | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Sec malgré les grosses pluies de la veille. Quelques vasques encore claire mais ne coule plus dans la partie supérieure.Corde obligatoire dans ces conditions. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2025-04-12 | System User | |📖|📌|🌊 Secco | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Terminet À nouveau sec en moins d'1 semaine Signe de profonds changements et finalement une descente qui verra l'eau dans sa première partie que quelques fois par an. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2373/observations.html>)

2025-03-29 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Terminet Suite de la sortie, après avoir fais