

# Gnaupenloch

Ehnbach

<b>Creare:</b> 2023-03-09 20:55:35	<b>Aggiornamento:</b> 2025-05-20 07:21:05	<b>Stampa:</b> 2026-04-06 06:04:15
<b>Paese:</b> Österreich / Austria <b>Regione:</b> Tirol <b>Sottoregione:</b> Bezirk Innsbruck-Land <b>Città:</b> Zirl		
<b>Difficoltà:</b> un po' difficile	<b>Grado:</b> v3 a4 V	<b>Tempo totale:</b> 5h30
<b>Tempo avvicinamento:</b> 2h	<b>Tempo giaro:</b> 2h30	<b>Tempo ritorno:</b> 1h
<b>Altitudine di entrata:</b> 1575m	<b>Altitudine di uscita:</b> 1130m	<b>Altitudine delta:</b> 445m
<b>Lunghezza del canyon:</b> 1650m	<b>Rapel più alto:</b> 18m	<b>Quantità rapelli:</b> 35
<b>Transporto:</b> Bici/Mountainbike	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> km <sup>2</sup>
<b>Stagione:</b>	<b>Orientamento:</b> Sud	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 4 (15)	<b>Info:</b> ★ 2.7 (9)	<b>Belay:</b> ★ 2.1 (13)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 2x20m		
<b>Sintesi:</b> (traduzione alternativa) Sequence of many smaller rappels in a continuously narrow and long gorge section		
<b>Idrologia:</b>		
<b>Accesso:</b> (traduzione alternativa) Coming from Innsbruck, we leave the A 12 at Zirl onto the B 177 in the direction of Seefeld, Garmisch (D). After about 2 km we leave the B 177 via the Zirl-West exit. This is where the Hochzirler Straße begins, which we follow uphill. After 1.7 km, a forest road joins from the right. Here we can park the lower car in a suitable place. The second car continues uphill, past the Hochzirl train station to the Hochzirl regional hospital (3 km from the B 177). Park the (upper) car on the left-hand side of the road here.		
<b>Avvicinamento:</b> (traduzione alternativa) From the upper parking lot, we take the forest path that leads directly above the hospital in an easterly direction. Follow the signs to the "Solsteinhaus" here and beyond. If you only have one car available, it is best to park it in the lower parking lot and then walk up the forest path that ends here. After just 300 m, you have the first opportunity to change to the upper access path ("Brunnalm"). After 2 km (from Hochzirler Straße) there is a second option (easy forest path) and after about 3 km a third option (just before crossing the Ehnbach). Follow the signs to the "Solsteinhaus". At an altitude of 1385 m above sea level, we pass the freight elevator to the Solsteinhaus. We continue uphill on a path past a fountain with fresh water. At 1610 m above sea level, we pass a hunting lodge (on the left) and shortly afterwards come to the Soln-Alm (1645 m above sea level - also with a fountain). To the right of the path we now see a fenced-in wooden cross. Directly to the left of this, a path leads down to the stream.		
<b>Giro:</b> (traduzione alternativa) After about 100m in the open gravel bed of the Ehnbach stream, the gorge begins. Now follows a long series (about 30) of shorter rappels (mostly outside the beam) until you reach the exit of the first section of the gorge after about 2 hours. Here, if necessary, you can climb steeply up to the slope. The more recommendable variant leads after another hour and 5 not unattractive rappels as well as a longer stretch in the stream bed gravel down to the exit on the crossing piste.		
<b>Ritorno:</b> (traduzione alternativa) On the slope always slightly downhill and via the hiking trail past the train station to Hochzirler Straße.		

**Coordinate:**

Inizio del canyon [47.3056 11.2826](#)

Fine del canyon [47.2920 11.2815](#)

Parcheggio all'entrata [47.2854 11.2437](#)

Parcheggio in uscita [47.2785 11.2517](#)

Punto di passaggio [47.2949 11.2782](#)

Punto di passaggio [47.3036 11.2808](#)

## Rapporti:

2025-10-21 | Lieke Smulders | ★★★★★ | 📖★★★★ | 🪚★★★ | 🌊 Basso | 🍏 Completato

Amazing tour, so beautiful!!! Long walk but not difficult, we did it in 2 hours. canyon is very narrow and I would recommend it for every one. We where in a group of 7 and completed the canyon in 2,5/3 hours. Anchoring most are mono point but very good to spot and some high water anchors aswell. The water at the end was 3x more than the beginning, with high water can be very challenging.

2025-09-20 | Matthias Schwarz | ★★★★★ | 📖★★★★ | 🪚★★ | 🌊 Normale | 🍏 Completato

Perfect conditions. Stands fit, sometimes quite high, but something can always be missing, would not go without a drill set. When using the e-bike (start at the PPL below the station) a pleasant, short day tour is possible. It's best to leave the bikes after the railing 200m after the material cable car - this is also where the stream comes up, which you can use to get off after the first part. Beautiful! At lunchtime there is also a bit of sun at the moment... (traduzione alternativa)

2025-09-08 | Joey CIA | ★★★★★ | 📖 | 🪚★★ | 🌊 Normale | 🍏 Completato

Access with e-bike 10min + 45 minutes hiking to the entry. Stands ok, a few loose anchors but tightened. Great canyon, lots of pushing in the canyon (traduzione alternativa)

2025-08-23 | Manuel Reindl | ★★★★★ | 📖★ | 🪚★ | 🌊 Normale | 🍏 Completato

Very nice canyon - as in the previous ascents, a lot of debris. Stands are ok - one stand can be "climbed" or reached with a "robber's ladder". All others can be reached normally. (traduzione alternativa)

2025-08-13 | Herbert von Neumann | ★★★★★ | 📖★★★★ | 🪚★★ | 🌊 Basso | 🍏 Completato

Everything ok

2025-07-05 | Benedikt Mayr | ★★★★★ | 📖 | 🪚★ | 🌊 Normale | 🍏 Completato

A lot of pushing. (traduzione alternativa)

2025-05-19 | Ba | ★★★★★ | 📖★★★★ | 🪚★★ | 🌊 Normale | 🍏 Completato

Access by MTB 50 min + 40 on foot. We only walked the upper part (abseiling points 35 to 6). Exit after the hole on the right up the streambed back to the bike. Water cold and perhaps a little more than usual. We didn't need the auger. At one point we used a Panikexe (highly recommended). Abseiling point 25, the belay is much too high (not easy to reach even with a robber ladder), a glued anchor in good condition looks out to the right at foot level, with good rope management you can easily pull off the rope. A flap has been added to the Abs 23, when pulling the rope I noticed that it is not very tight. Please tighten it. We had a lot of fun 📖 (traduzione alternativa)

2024-09-08 | Joey CIA | ★★★★★ | 📖 | 🪚★★ | 🌊 Normale | 🍏 Completato

Access by MTB (45min) and hiking 1:15h Beautiful canyon, well worth the walk. Well set up, beautiful rock, lots of boulders in the canyon. Superiore day! (traduzione alternativa)

2024-08-23 | Max Rudholzer | ★★★★★ | 📖★★★★ | 🪚★ | 🌊 Basso | 🍏 Completato

Scenic, fascinating and extremely rewarding. There is a bolt at belay 23, but there is no bolt and rapid link. However, the spot can be downclimbed without any problems at this water level. An obstruction must have come loose at belay 18. Here the anchor can only be reached via a robber's ladder. Be careful at the blockage at the Gnaupenloch. It is easy to trigger a rockfall here. (traduzione alternativa)

2024-08-10 | Gregor Bernsteiner | ★★★★★ | 📖★★★★ | 🪚★ | 🌊 Normale | 🍏 Completato

Very beautiful canyon. Lots of gravel and debris in the canyon. At the Gnaupenloch unstable blockage, can be avoided with rope traverses. Stands in order (traduzione alternativa)

2023-10-25 | System User | 📖 | 🪚 | 🌊 Normale | 🍏 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Gnaupenloch Ancrages ok. Très beau canyon alpin. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23104/observations.html>)

2023-10-15 | System User | 📖 | 🪚 | 🌊 Normale | 🍏 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Gnaupenloch All anchors ok, all quicklinks in place, single most of the time, best not to add more anchors, as the river bed will again change in time, just be prepared with a bolting kit and know when a storm has hit (this was the case in 2023, hence the new anchors). (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23104/observations.html>)