

# Moulin de Roubion

<b>Creare:</b> 2023-04-20 08:21:41	<b>Aggiornamento:</b> 2025-09-08 07:37:25	<b>Stampa:</b> 2026-04-05 10:04:38
<b>Paese:</b> France <b>Regione:</b> Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur <b>Sottoregione:</b> Alpes-Maritimes <b>Città:</b> Roubion		
<b>Difficoltà:</b> un po' difficile	<b>Grado:</b> v4 a3 III	<b>Tempo totale:</b> 4h50
<b>Tempo avvicinamento:</b> 5min	<b>Tempo giaro:</b> 4h	<b>Tempo ritorno:</b> 45min
<b>Altitudine di entrata:</b> 1090m	<b>Altitudine di uscita:</b> 810m	<b>Altitudine delta:</b> 280m
<b>Lunghezza del canyon:</b> 400m	<b>Rapel più alto:</b> 60m	<b>Quantità rapelli:</b>
<b>Transporto:</b> Auto facoltativa	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> 5.00km <sup>2</sup>
<b>Stagione:</b> agosto - settembre	<b>Orientamento:</b> Nord-Est	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 0 ()	<b>Info:</b> ★ 2 (1)	<b>Belay:</b> ★ 0 ()
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 2x 60m		
<b>Sintesi:</b> (traduzione alternativa) Short but vertical canyon with a magnificent natural mountain.		
<b>Idrologia:</b> (traduzione alternativa) Very aquatic, considering the equipment as an active factor. Requires excellent mastery of the ropes and fall lines. It is difficult to give an aquatic rating depending on whether you take the active factor into account or not, with A3 being an average. The flow rate is always very generous with a low water level of around 150 l/s. No deep pools.		
<b>Accesso:</b> (traduzione alternativa) From Nice, head north into the Tineetal valley (D 2205 towards Isola) as far as Saint-Sauveur-sur-Tinée. After the village, turn left towards Roubion. Follow the road. After you have seen Roubion on the hillside, take a 180° bend straight ahead for about 1km and after a 90° right-hand bend you will see houses on the right-hand side of the road. Park at the roadside after the houses.		
<b>Avvicinamento:</b> (traduzione alternativa) From the road, turn right along a barely visible path into the canyon.		
<b>Giro:</b> (traduzione alternativa) At first the canyon runs through the forest, then becomes increasingly canyoned and vertical. At C55 you can rappel through the water on the left or dry on the right. This is followed by several abseils on very slippery rock. At medium to high water levels, some of the pools can develop backwaters. Always check well before rappelling. Rope traverses often have to be installed to reach the stands.		
<b>Ritorno:</b> (traduzione alternativa) The tour exits at the tributary of the Vionène. The Vionène must be crossed! Check the water level for this too. On the opposite side, walk approx. 100 m to the left until you see a clear path on the opposite bank of the river. Cross the Vionène again here and follow the path to the road. At the road, turn left and follow the road to the car.  - Parking lot downhill: Take a leisurely walk up the road. - Parking lot above: Either get out at the parking lot below and the bravest walk up the road without a backpack; or, after leaving the canyon, climb up the right bank of the Vionène, follow a path that leads to a ruin and then walk through chestnut and hazelnut trees to the road, with a steep path towards the exit (equipped by the CG06).		
<b>Coordinate:</b> Inizio del canyon <a href="#">44.0870 7.0598</a> Fine del canyon <a href="#">44.0901 7.0633</a> Parcheggio all'entrata <a href="#">44.0878 7.0596</a> Parcheggio in uscita <a href="#">44.0911 7.0630</a>		

## Rapporti:

2025-10-04 | System User | |📖|📌|🌊 Normale | 👍 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Moulin de Roubion (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20862/observations.html>)

2025-09-30 | System User | |📖|📌|🌊 Alto | 👍 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Moulin de Roubion Parcours avec la Team Bretagne. Belle condition pour ce canyon. La 60 passe bien ds l'actif ( penser à mettre la cagoule) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20862/observations.html>)

2025-09-28 | System User | |📖|📌|🌊 Normale | 👍 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Moulin de Roubion Supers conditions pour ce canyon !Attention il faut être à l'aise dans le gros débit bien qu'il y ait souvent possibilité de descendre hors d'eau.Mais dans le débit , un pur bonheur ! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20862/observations.html>)

2025-09-07 | System User | |📖|📌|🌊 Normale | 👍 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Moulin de Roubion (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20862/observations.html>)

2025-09-06 | System User | |📖|📌|🌊 Normale | 👍 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Moulin de Roubion DC+ (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20862/observations.html>)

2025-09-04 | System User | |📖|📌|🌊 Normale | 👍 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Moulin de Roubion (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20862/observations.html>)

2025-08-23 | System User | |📖|📌|🌊 Normale | 👍 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Moulin de Roubion Bcp de troncs d'arbres au debut, équipement au top, RAS. Tres belle descente, mais pas pour débutant! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20862/observations.html>)

2023-04-20 | Daniel Sturm | |📖|★|★|📌|📌|📌 Non fatto

Canyon created. (traduzione alternativa)