

# Alloix

Ruisseau d' Alloix

<b>Créer:</b> 2023-03-09 20:55:05	<b>Mettre à jour:</b> 2024-01-30 19:57:02	<b>Imprimer:</b> 2026-05-30 10:05:22
<b>Pays:</b> France <b>Région:</b> Auvergne-Rhône-Alpes <b>Sous-région:</b> Isère <b>Ville:</b> Montalieu		
<b>Difficulté:</b> un peu difficile	<b>Niveau:</b> v4 a3 III	<b>Temps total:</b> 3h15
<b>Temps approche:</b> 10min	<b>Temps tour:</b> 3h	<b>Temps de retour:</b> 5min
<b>Altitude d'entrée:</b> 650m	<b>Altitude de sortie:</b> 450m	<b>Altitude du delta:</b> 200m
<b>Longueur du canyon:</b> 1000m	<b>Rapelle le plus haut:</b> 43m	<b>Nombre de rappelles:</b> 8
<b>Transport:</b> Voiture facultative	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Sud-Est	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.2 (4)	<b>Info:</b> ★ 2.5 (2)	<b>Belay:</b> ★ 3 (2)
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 2x45m		
<b>Résumé:</b> (traduction alternative) Open rappel canyon		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) Leave the A 41 (Chambery - Grenoble) at exit 23 (Touvet/Goncelin), then take the D 29 westwards for a few hundred meters in the direction of Touvet until you reach the D 1090. Head north on the D 1090 for 500 m and then turn left onto the D 9 and up to St. Vincent-de-Mercuze. Continue north to the bridge over the Alloix and the immediately adjacent village of Montalieu. In the village, take the first road on the left, which leads up to the next plateau (Les Prés). At the first rightward hairpin bend approx. 400 m after the village, park the lower vehicle (information board). Take the second vehicle and continue up a left-hand serpentine until you approach the Alloix valley again. Park the second vehicle where the road bends to the right (below an electricity pylon). Even without a second vehicle, you can reach the entry point in 50 minutes via footpaths close to the stream.		
<b>Approche:</b> (traduction alternative) A path leads along the meadow in a WSW direction to the stream.		
<b>Tour:</b> (traduction alternative) Various types of rappel, clear water, some jumps and slides possible; you can almost always get out on the path near the stream. Good to combine with Infernet. There is a prohibition sign near the village, but according to its wording, this is primarily intended to exclude the municipality's liability for any accidents. In addition, it was repealed by the Grenoble Administrative Court in 2001 (see descente-canyon.com).		
<b>Retour:</b> (traduction alternative) Exit at the suspension bridge and follow the path (orographic) left down to the lower vehicle.		
<b>Coordonnées:</b> Départ du Canyon <a href="#">45.3902 5.9402</a> Fin du Canyon <a href="#">45.3879 5.9461</a> Parking à l'entrée <a href="#">45.3922 5.9425</a> Parking à la sortie <a href="#">45.3878 5.9483</a> Point de repère <a href="#">45.3911 5.9539</a>		

## Rapports:

2026-03-06 | System User | |📖|📌|🌊 Fou |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix Accès à la c43 depuis un arbre en terrasse, débit sportif, on essaie de trouver des lignes hors actif. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-02-24 | System User | |📖|📌|🌊 Fou |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix Observations:- Completed without a shuttle (walking on the road and entering the mill)- The first part of the mill up to the first one is frankly impractical in these conditions- Very high water level with numerous underwater anchor points.- In these conditions, access to the C40 is very difficult—it is better to go via the via ferrata and take the intermediate belay.- Very nice descent but lots of water movement and rappels with water up to the hips. Total time:3 hours from car to carPictures here: [https://www.instagram.com/p/DVQwGpRjMnu?img\\_index=1](https://www.instagram.com/p/DVQwGpRjMnu?img_index=1) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-12-21 | System User | |📖|📌|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-12-18 | System User | |📖|📌|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-11-01 | System User | |📖|📌|🌊 Haut |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-10-25 | System User | |📖|📌|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix Ras au niveau amarrage.Niveau d'eau sympa après les pluies de la semaine (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-10-20 | System User | |📖|📌|🌊 Faible |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix Entry at 12 just after most of the rain with debit correct, then later on less and less water until petit debit. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-10-14 | System User | |📖|📌|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-10-12 | System User | |📖|📌|🌊 Faible |🚫 Pas fait

Automatisch importiert von Descente-Canyon.com für Canyon Alloix (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-10-11 | System User | |📖|📌|🌊 Faible |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix RAS (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-10-04 | System User | |📖|📌|🌊 Faible |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix RAS. 1h de montée depuis le parking de la via ferrata, 3h de descente, 20min de retour (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-09-22 | System User | |📖|📌|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix Eau marron, mais ça coule sympathiquement (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2025-09-14 | System User | |📖|📌|🌊 Normale |👍 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Alloix (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)