

Wadi Bani Khalid Upper

Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.

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Pays: عمان / Oman **Région:** أشرف الشمالية / Ash Sharqiyah North Governorate **Sous-région:**

Ville: Wadi Bani Khalid

Difficulté: facile

Niveau: v1 a2 l

Temps total: 4h

Temps approche: 30min

Temps tour: 3h

Temps de retour: 30min

Altitude d'entrée: 700m

Altitude de sortie: 650m

Altitude du delta: 50m

Longueur du canyon: 2100m

Rapelle le plus haut: m

Nombre de rapelles: 0

Transport: à pied

Type de roche:

Zone de prise d'eau: km²

Saison:

Orientation: Sud

Meilleur moment:

Évaluation: ★ 2.3 (2)

Info: ★ 1 (1)

Belay: ★ 0 ()

Spécialités:

Matériel:

Lampe frontale,

Résumé: (traduction alternative)

Hiking and swim canyon, frequented by tourists

Hydrologie:

Accès: (traduction alternative)

We come from Muscat and drive along Route 17 by the sea to Sur (Muscat - Sur about 200 km). Passing Sur, we take Route 23 inland. After about 50 km we cross the Wadi Bani Khalid for the first time. A little later, "23" curves to the northwest, and we ignore route "35", which branches off to the left 2 km after Wadi B. K.. From this junction we drive 43 km on the "23" in a NNW direction to the next junction of a tarred road to Wadi Bani Khalid. You can also get here from Muscat via the "15" and "23" through the interior (216 km). We now turn right onto the road to the baths/pools of Khalid. After driving 22.2 km through the mountains, we reach Wadi Bani Khalid again. Here, however, we turn north towards the pools and the upper section of the wadi in the direction of Moqel/Muqal. We now drive 7.2 km upstream, finally right on the edge of the wadi. We park our car where the road leaves the wadi to the right.

Approche: (traduction alternative)

From the car upstream to the start of the narrowing.

Tour: (traduction alternative)

We walk and wade upstream. After about 25 minutes from the entrance to the gorge, we come to a cave with concrete steps leading up to the entrance on the right. The cave itself is low and narrow. If you want to get a little further in, you have to crawl. A stream flows inside the cave.

After visiting the cave, you can continue upstream if you feel like it and are in good physical condition.

You then return the same way, keeping to and in the wet water.

Retour: (traduction alternative)

From the canyon exit back downstream to the car.

Coordonnées:

Départ du Canyon [22.6298 59.0916](#)

Parking à l'entrée et à la sortie [22.6158 59.0939](#)

Fin du Canyon [22.6182 59.0932](#)

Rapports:

2025-11-18 | Joey CIA | ★★👉 | 📖★ | 📍 | 🌊 Faible | 👍 Terminé

Good to combine with a desert tour, just 40 minutes from the desert. Nice cooling off although the water is quite warm. We only wore bathing suits in the wadi, otherwise a shirt and trousers are compulsory outside. Nice pools, some possible jumps. Smaller waterfalls that you can downclimb and jump. We visited the cave during access, very narrow in places and quite a sauna. The disadvantage was that there were a lot of tourists at the beginning and exit and few or no people swimming further up. (traduction alternative)

2023-03-09 | System User | ★★ | 📖 | 📍 | |

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