

Torrent des Acles

Canyon de Plampinet

Créer: 2023-08-29 08:56:04	Mettre à jour: 2025-08-08 21:17:16	Imprimer: 2026-05-30 09:05:40
Pays: France Région: Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur Sous-région: Hautes-Alpes Ville: Plampinet		
Difficulté: moins difficile	Niveau: v3 a3 III	Temps total: 2h17
Temps approche: 45min	Temps tour: 1h30	Temps de retour: 2min
Altitude d'entrée: 1680m	Altitude de sortie: 1500m	Altitude du delta: 180m
Longueur du canyon: 800m	Rapelle le plus haut: 17m	Nombre de rapelles:
Transport: à pied	Type de roche:	Zone de prise d'eau: 21.60km ²
Saison:	Orientation: Ouest	Meilleur moment:
Évaluation: ★ 3.4 (3)	Info: ★ 1.7 (3)	Belay: ★ 2.7 (3)
Spécialités:		
Matériel: Cordes: 2x 20m		
Résumé: (traduction alternative) Short rappel canyon		
Hydrologie:		
Accès: (traduction alternative) In the valley of Nevache. Just after the sign for Plampinet, turn right onto a gravel road. Continue to the stream and park at the exit of the road (quite a lot of through traffic). Or go into Plampinet, turn right before the Auberge de la Clarée, continue to the barrier that blocks the slope from Les Acles and park in the parking lot.		
Approche: (traduction alternative) 15min Only the lower part: Path straight ahead up the slope above the parking lot for about 100 vertical meters without crossing the torrent from the parking lot. Then the path branches off to the right to approach the torrent, which you clearly overlook. There is a spit there that you can rappel down to reach the stream below (approx. 15 m). Now the fun part begins. 45min-1h for the entire route: From the parking lot, it is best to cross the forest on the left to reach the slope. Follow this. 300 m after a bunker, a small, steep path leads over a scree slope down to the streambed.		

Tour: (traduction alternative)

Two unequipped landings must be de-escalated via the RG and then via the RD.

A small slide is used to reach the narrows.

A C6 equipped with RD precedes a second, similar obstacle equipped on both sides.

This is followed by a C3, then a C4 equipped with R.L. before reaching the C13, which is active on the left bank and above water on the other side.

A small ledge of 5 meters that is de-escalated.

Then you come to the part that is the most fun (and practiced). This is where the middle part begins, starting with a T2 and then a T4 (you can ascend thanks to the equipment available). A well-grouped jump is even possible in the R.G. above the slide.

A C5 in a well-cut section can be descended underwater on the R.D. or bridged on the R.G. on a large level.

Then you reach the high point of this canyon: C17 (above water in the RG or in the active area on the other side...).

Some small ledges end this beautiful descent.

Narrow canyon, only one way out via a handrail (ropes).

But equipped with high and low water.

The middle, lower section can be completed in 1.5 hours with 2 people.

For the whole parts you have to reckon with 3 hours.

Be aware of the risk of mudslides during summer storms.

Period/water character

Wait until the snow has melted in this beautiful valley (May, June).

The water is consistently cold. We are in the Hautes-Alpes at an altitude of 1500 m.

Avoid rain and thunderstorms (high water + rockfall).

Historical background

In modern technique by A. BACH, M. BRUNELLO, C. CHILLET, P. DROUIN in October 1991.

The first descent is said to have been made in August 1969 by Mr. Laurent Rey (called Brioché) accompanied by his son.

Remarks

Do not park on the track leading up to the Chalet des Acles.

A much-visited canyon, many professionals with their groups in summer...

Retour: (traduction alternative)

Get off at RD and walk 200 m before you find the car again...

Coordonnées:

Départ du Canyon [45.0014 6.6743](#)

Fin du Canyon [44.9999 6.6663](#)

Parking à l'entrée et à la sortie [45.0000 6.6661](#)

Départ alternatif du Canyon [45.0006 6.6692](#)

Rapports:

2025-09-20 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Acles Parcouru l'intégral. Accès : jusqu'à la croix du GR désormais doublée d'un cairn (env. 300 m après le blockhaus, en fait, le 1er endroit où on a envie de descendre). Ensuite suivi les informations du commentaires de Greg05 : arrivé à la 1ère ravine, il faut la traverser (ce n'est pas engageant). Ensuite on trouve la seconde ravine et ses cordes fixes. On la descend rive gauche puis on la quitte en revenant sur la gauche vers l'amont du canyon. Joli canyon, engravé actuellement. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2261/observations.html>)

2025-09-12 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Acles Les vasques sont engravées : les tobbs ne passent pas. Des MC sont à demeure le long du parcours. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2261/observations.html>)

2025-08-25 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Acles (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2261/observations.html>)

2025-08-23 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Acles RAS. DC-. Mignon. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2261/observations.html>)

2025-08-23 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Acles Fait seulement la partie basse, DC-, personne dans le canyon en debut d'aprem. Equipement RAS. Attention au rappel d'entrée intermédiaire, ca parpigne pour ceux d'en dessous. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2261/observations.html>)

2025-08-22 | Uschi Winter | ⭐⭐⭐ |📖⭐|📌⭐⭐⭐ |🌊 Normale | 🍀 Terminé

According to the previous entry, we also decided to choose the middle entry. There is a rope traverse up to the entry abseil. Nice variety in the canyon over a very short distance. Water clear and cold. (traduction alternative)

2025-08-18 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Acles RAS, correspond au descriptif : petit canyon de montagne bien sympa, les quelques marches déroulent très bien et se font oublier. Prudence dans la descente d'accès au départ, c'est sans doute le point le plus dangereux du canyon ;) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2261/observations.html>)

2025-07-23 | Kanyon Kerke | ⭐⭐⭐ |📖⭐|📌⭐⭐⭐ |🌊 Haut | 🍀 Terminé

We looked for the upper entry after the bunker. The path is very steep and seems to have been partially destroyed by landslides. As we weren't sure whether we would be able to get back up at all in case of doubt, we didn't go to the upper part. We went back to the entry of the middle part, where the commercial tours also start, and got in there [45.000592°, 6.669223°]. This part is nice. (traduction alternative)

2018-09-19 | Christian Balla | ⭐⭐⭐⭐ |📖⭐⭐⭐ |📌⭐⭐ |🌊 Normale | 🍀 Terminé

Acles is a very beautiful canyon in the High Alps in France. The water is fresh and clear, the rock formations are impressive and there are some great abseiling spots. A canyoning tour in the Acles does not take very long. Visited in 2015, 2016, 2017 and 2018. It was a tool every time! We changed our plans for a tour planned for 2022 at short notice, as the Acles canyon was devastated by storms in September. According to descente, however, several months later (in 2023) many people were back in Acles Photos and videos: <https://www.christian-balla.de/Acles> (traduction alternative)