

# Barranco del Arado superiore

Arado, Barranco del Arado superior, Rio Arado, Cascata da Arado, Barranco del Arado

<b>Créer:</b> 2023-03-09 20:49:54	<b>Mettre à jour:</b> 2023-10-14 09:16:06	<b>Imprimer:</b> 2026-05-30 11:05:48
<b>Pays:</b> Portugal <b>Région:</b> Região Norte / Norte Region <b>Sous-région:</b> Braga <b>Ville:</b> Vilar da Veiga		
<b>Difficulté:</b> un peu difficile	<b>Niveau:</b> v4 a3 III	<b>Temps total:</b> 3h30
<b>Temps approche:</b> 45min	<b>Temps tour:</b> 2h45	<b>Temps de retour:</b> 0min
<b>Altitude d'entrée:</b> 930m	<b>Altitude de sortie:</b> 700m	<b>Altitude du delta:</b> 230m
<b>Longueur du canyon:</b> 1300m	<b>Rapelle le plus haut:</b> 47m	<b>Nombre de rapelles:</b> 10
<b>Transport:</b> à pied	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Sud	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.4 (4)	<b>Info:</b> ★ 2 (1)	<b>Belay:</b> ★ 3 (1)
<b>Spécialités:</b> § réglementé,		
<b>Matériel:</b> Cordes: 2x50m		
<b>Résumé:</b> (traduction alternative) Geres National Park, regulations! Information to park ranger regarding private ascent); very beautiful, varied and open granite gorge; in the main season a 3mm neoprene is sufficient; crystal clear pools; often used commercially, therefore well equipped; problematic individual spots at high water levels; large catchment area; emergency exit almost always possible; Arado superiore more beautiful than inferiore. Tip: after the tour, eat/drink at the "Casa do Criado" shortly after Ermida Geres Camping (approx. 5 min. from the exit).		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) From the dam bridge (Rio Cavado) Geres you drive in the direction of Vila do Geres/ Espanha. After about 6 km, turn right in the direction of Ermida. From here, follow the mountain road in the direction of Ermida. Continue until you reach a fork in the road with signs for "Cascata do Arado". After turning right, the asphalt road changes to a gravel road with holes that goes down to the Arado. Directly at the bridge there are several parking possibilities.		
<b>Approche:</b> (traduction alternative) From the bridge/parking lot, follow the hiking sign (wooden sign) "Cascata do Arado" (orographic left). Shortly you will reach the viewpoint at 750m where you can check the water level before continuing up. The path is marked with stone markers and leads through a beautiful mountain landscape. After a few meters of altitude you cross a tributary (left) of the Arado river and shortly after you come to a fork in the road. On a hill you can already see the big 45m waterfall. Continue in a right turn between the Arado and the left tributary until you reach another hill with a view of the enchanting Arado high valley. Keeping left, one descends shortly to the path at 930m (entry) (if one does not want to do the waterfall, one descends before to the path).		
<b>Tour:</b> (traduction alternative) The canyon begins with a walking passages and small downclimb in open terrain. This is followed by 3 shorter rappel sections where the last rappel, before the big waterfall, can be jumped. The high waterfall (45m) is rappelled on the right with little water contact. Immediately after follows an exposed belay on the right side. The fixed traverser rope is not normally needed. To make the descent easier for others, because of a narrow spot (danger of entrapment), the first person can set up a rope line (drill hooks available at the bottom). Now follows a long walking and descending section with some possible jumps. A higher sloping step in the middle of the canyon can be rappelled left or bypassed right. Shortly after, there is a pool with several possible jumps (beware of the stone in the pool!). An aquatic cascade of 3 steps follows, which are also the last steps. In order to get to the first rappel of the cascade, you have to rappel in front of the huge granite block under which you swim (stand on the right). After the beautiful cascade there is another walking and descending section that leads shortly to the bridge/exit (here begins the Arado inferiore).		



45min 940m  
N 41 44.082, W 8 07.849

### RIO ARADO SUPERIOR

☆☆☆☆

V3

3h/4h

2000m 240m

10 35m



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