

# Planfae

Planfae amont, Planfae, Ruisseau de Planfaé

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|--|---|---|
| <b>Créer:</b> 2023-03-09 20:55:19  | <b>Mettre à jour:</b> 2023-10-14 09:16:26 | <b>Imprimer:</b> 2026-05-30 09:05:47            |
| <b>Pays:</b> France <b>Région:</b> Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur <b>Sous-région:</b> Alpes-Maritimes <b>Ville:</b> Coaraze   |   |   |
| <b>Difficulté:</b> moins difficile   | <b>Niveau:</b> v3 a2 II                   | <b>Temps total:</b> 3h5                         |
| <b>Temps approche:</b> 30min   | <b>Temps tour:</b> 2h30                   | <b>Temps de retour:</b> 5min                    |
| <b>Altitude d'entrée:</b> 740m   | <b>Altitude de sortie:</b> 560m           | <b>Altitude du delta:</b> 180m                  |
| <b>Longueur du canyon:</b> 2000m   | <b>Rapelle le plus haut:</b> 13m          | <b>Nombre de rapelles:</b>                      |
| <b>Transport:</b> Voiture facultative  | <b>Type de roche:</b>                     | <b>Zone de prise d'eau:</b> 6.00km <sup>2</sup> |
| <b>Saison:</b> mai - septembre   | <b>Orientation:</b> Sud-Ovest             | <b>Meilleur moment:</b>                         |
| <b>Évaluation:</b> ★ 3.6 (1)   | <b>Info:</b> ★ 2 (1)                      | <b>Belay:</b> ★ 0 ( )                           |
| <b>Spécialités:</b>  |   |   |
| <b>Matériel:</b><br>Cordes: 1x 30m   |   |   |
| <b>Résumé:</b> (traduction alternative)<br>Canyon fun potential, also suitable for beginners   |   |   |
| <b>Hydrologie:</b>   |   |   |
| <b>Accès:</b> (traduction alternative)<br>From Nice on the D 2204 in the direction of l'Escarene, Col de Braus, Sospel. After about 12 km at la Pointe de Conte, turn left onto the D 15 . Continue via Coaraze in the direction of Col St Roche. About 22 km after the turn-off onto the D 15, you reach the bridge over the Vallon de Planfae. Park the first vehicle here (580 m above sea level).\nWith the second, continue uphill in serpentines for 3 km. At a right-hand bend, there is space for the second vehicle on the right-hand side of the road. |   |   |
| <b>Approche:</b> (traduction alternative)<br>From the parking lot at 780 m above sea level, marked "197", head north up to a saddle at 860 m above sea level - ("196") - and follow the signs to the left down to the stream.  |   |   |
| <b>Tour:</b> (traduction alternative)<br>Jumps, slides and smaller rappels throughout. Running sections only towards the exit.   |   |   |
| <b>Retour:</b> (traduction alternative)<br>Go up to the road bridge on the right.  |   |   |
| <b>Coordonnées:</b><br>Départ du Canyon <a href="#">43.9003 7.3165</a><br>Fin du Canyon <a href="#">43.8912 7.3088</a><br>Parking à la sortie <a href="#">43.8909 7.3090</a><br>Parking à l'entrée <a href="#">43.8929 7.3155</a>  |   |   |
| <b>Rapports:</b>   |   |   |
| 2023-04-20   Daniel Sturm    📖 ★★ 📍  🔴 Pas fait<br>Coordinates adjusted. (traduction alternative)  |   |   |
| 2023-03-09   System User   ★★★ 📖 📍  <br>Daten importiert von <a href="https://canyon.carto.net/cwiki/bin/view/Canyons/PlanfaelCanyon.html">https://canyon.carto.net/cwiki/bin/view/Canyons/PlanfaelCanyon.html</a>   |   |   |