

# La Fouge

Fouge

<b>Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.</b> Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports + <i>Nouveau rapport</i> . Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.		
<b>Créer:</b> 2023-03-09 20:53:38	<b>Mettre à jour:</b> 2023-12-29 20:55:20	<b>Imprimer:</b> 2026-05-30 10:05:59
<b>Pays:</b> France <b>Région:</b> Auvergne-Rhône-Alpes <b>Sous-région:</b> Ain <b>Ville:</b> Cerdon		
<b>Difficulté:</b> un peu difficile	<b>Niveau:</b> v4 a2 II	<b>Temps total:</b> 4h
<b>Temps approche:</b> 1h15	<b>Temps tour:</b> 2h	<b>Temps de retour:</b> 45min
<b>Altitude d'entrée:</b> 640m	<b>Altitude de sortie:</b> 440m	<b>Altitude du delta:</b> 200m
<b>Longueur du canyon:</b> 750m	<b>Rapelle le plus haut:</b> 60m	<b>Nombre de rappelles:</b> 7
<b>Transport:</b> à pied	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Sud-Ovest	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.6 (2)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Spécialités:</b> § Interdiction,		
<b>Matériel:</b> Cordes: 2x45m		
<b>Résumé:</b> (traduction alternative) Sequence of also higher cascades, mostly sintered, in an appealing ambience.		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) From Cerdon we drive westwards in the direction of Poncin on the river Ain and after about 1.5 km turn left onto the D11, which leads south in the direction of Corlier, Hauteville-Lompnes. We pass the village of Preau and 1.7 km after the exit from the connecting road Cerdon - Poncin we turn left on a dirt road and drive as far as it is possible (about 800m). Then we park the car so that it does not interfere. With the second car we go back to the D11, there turn left, again in the direction of Corlier, Hauteville-Lompnes. We now drive on the D11, later on the D12 first to Châtillon de Cornelle (up to here 4.4 km), then further to Corlier (another 5 km). In the center of Corlier we turn left on Route de la Forêt and after 130m we turn left again. the road leads to a small airfield with grass runway - Altiport. 550m after turning off the D12 in Corlier we come to a junction on the edge of a slope. On the right we go to a farmstead, on the left to the Altiport. We take the track in the middle and drive now 1,6 km until a forest track turns off to the right. We can either park the car here or continue down the rustic forest road until we reach a small house in a clearing, which serves as a water supply for the fire department.		
<b>Approche:</b> (traduction alternative) siehe Skizze <a href="http://www.ain-rando.com/#!page=circuit&amp;id=35677&amp;langue=en&amp;bounds=46.054116,5.481585;46.054116,5.481585">http://www.ain-rando.com/#!page=circuit&amp;id=35677&amp;langue=en&amp;bounds=46.054116,5.481585;46.054116,5.481585</a> The access without conversion begins at the left-hand bend of the D12 where the car is parked and leads up the D12 in a southerly direction. Then turn onto the first forest path, which runs into the forest on the left. After several changes of direction, you finally reach the stream. The approach begins at the upper vehicle at a conversion. When it is at the top at the junction of the Wadweg from the slope - this is the jag on the bottom right on the sketch - you walk down the forest path orographic right of the stream, pass the small cottage where you can possibly park the upper car, and then continue to the entry (from the upper car 12min).		
<b>Tour:</b> (traduction alternative) After a few meters left along the stream downhill we reach the first small rappel. Immediately after that follows the impressive rappel in the free slope between the two branches of the waterfall. Runs follow, interrupted by small slides and more beautiful rappels. Finally comes the high final rappel.		

**Retour:** (traduction alternative)

At the foot of the last rappel, we take the path that runs along the stream on the left and is slightly away from it at the beginning.

If we have to return to the only car in the bends of the D11 (i.e. no conversion), after a few hundred meters we take the rutted forest path, later the hiking trail left of it, initially uphill in a south-westerly direction. At the fork, follow the signs for "Gouffre de la Fougé, Chatillon de Cornelle". The path climbs steeply up to a meadow on the plateau, crosses it and follows the dirt road down to the car on the D11.

However, if our second car is at the bottom of the valley, we continue straight ahead at the fork, down to the old abbey and back to the car (15 min).

**Coordonnées:**

Départ du Canyon [46.0538 5.4920](#)

Fin du Canyon [46.0523 5.4865](#)

Fin alternative du canyon [46.0589 5.4747](#)

Parking à l'entrée [46.0498 5.4940](#)

Parking à la sortie [46.0611 5.4700](#)

**Rapports:**

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2023-03-09 | System User | ★★☆☆ | 📖 | 📍 | |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/2174>

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Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/LaFougéCanyon.html>