

Cerise

Clue de la Cerise,Estéron

Créer: 2023-03-09 20:50:21	Mettre à jour: 2025-08-22 08:29:22	Imprimer: 2026-05-31 02:05:37
Pays: France Région: Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur Sous-région: Alpes-Maritimes Ville: Gilette		
Difficulté: un peu difficile	Niveau: v1 a4 II	Temps total: 2h45
Temps approche: 30min	Temps tour: 45min	Temps de retour: 1h30
Altitude d'entrée: 200m	Altitude de sortie: 180m	Altitude du delta: 20m
Longueur du canyon: 800m	Rapelle le plus haut: 0m	Nombre de rapelles:
Transport: à pied	Type de roche:	Zone de prise d'eau: 400.00km ²
Saison: juillet - septembre	Orientation: Sud-Est	Meilleur moment:
Évaluation: ★ 3.1 (2)	Info: ★ 2 (1)	Belay: ★ 0 ()
Spécialités:		
Matériel: Cordes: 1x 30m(Abklettern)		
Résumé: (traduction alternative) River hiking and swim, 4th canyoning section in the Estéron.		
Hydrologie:		
Accès: (traduction alternative) From Nice on the N 202 in northern direction 24 km to the Pont (bridge) Charles Albert. Here you can not immediately turn left onto the D 17, but must continue for about 100 m, round a traffic circle, back towards Nice, and then turn right onto the bridge over the Var. Now we go up on the D 17 for about 8 km in the direction of Roquesteron. We reach Gilette, which towers like an eagle's nest over Var and Esteron. We continue on the D 17 for another 4.5 km and then see a dirt road branch off to the left. Here we park our car at the edge of the tarred road.		
Approche: (traduction alternative) We walk down the slope, take the respective trails to shortcut and come down to stone bridge (Pont de la Cerise) over the Esteron (200 m a.s.l.). The entry on the orographic left side is a bit more pleasant.		
Tour: (traduction alternative) Magnificent canyon with a natural arch and strong rock faults at the exit. Can be dangerous if the water flow is exceptionally strong. Otherwise also suitable for a family outing (water temperature in summer 17-23°C). Rope is required for rope traverses.		
Retour: (traduction alternative) If the water flow allows, it is best to turn back after the canyon exit and cross the canyon against the current (1 hour to the bridge). If this does not seem possible due to a strong water flow, continue along the river bed, around the next left-hand bend in the river and then look for the start of a path on the orographic right-hand side of the river that leads back over the orographic right-hand ridge (markers 103 - 102 - 101) to the Pont de la Cerise (1.5 hours to this point). From here, take the approach path back up to the parking lot.		
Coordonnées: Départ du Canyon 43.8541 7.1257 Parking à l'entrée et à la sortie 43.8563 7.1366 Fin du Canyon 43.8483 7.1289		

Rapports:

2025-09-14 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Cerise Niveau d'eau à 36cm sur la règle au départ (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html>)

2025-05-31 | System User | |📖|📌|🌊 Haut | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Cerise Retour par le sentier, un peu trop de débit pour remonter les clues avec le matos. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html>)

2024-07-18 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Cerise On n' a pas trouvé le bord ' exit canyoning '. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html>)

2024-07-02 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Cerise (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html>)

2024-04-09 | System User | |📖|📌|🌊 Fou | 🛑 Pas fait

Automatisch importiert von Descente-Canyon.com für Canyon Cerise (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html>)

2023-04-19 | Daniel Sturm | |📖|★|★|📌|📌|🛑 Pas fait

Coordinates and description edited. (traduction alternative)

2023-03-09 | System User | ★|★|📖|📌| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/2155>

2023-03-09 | System User | ★|★|★|📖|📌| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/CeriseCanyon.html>