

# Sein

Barranco de Sein, Barranco del Sen

<b>Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.</b> Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports + <i>Nouveau rapport</i> . Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.		
<b>Créer:</b> 2023-11-20 21:14:06	<b>Mettre à jour:</b> 2026-03-14 22:14:39	<b>Imprimer:</b> 2026-05-30 10:05:34
<b>Pays:</b> España / Spain <b>Région:</b> Aragón <b>Sous-région:</b> Huesca <b>Ville:</b> San Juan de Plan		
<b>Difficulté:</b> moins difficile	<b>Niveau:</b> v3 a3 I	<b>Temps total:</b> 1h18
<b>Temps approche:</b> 17min	<b>Temps tour:</b> 1h	<b>Temps de retour:</b> 1min
<b>Altitude d'entrée:</b> 1290m	<b>Altitude de sortie:</b> 1180m	<b>Altitude du delta:</b> 110m
<b>Longueur du canyon:</b> 500m	<b>Rapelle le plus haut:</b> 12m	<b>Nombre de rappelles:</b> 5
<b>Transport:</b>	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b> mars - novembre	<b>Orientation:</b>	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3 (1)	<b>Info:</b> ★ 0 ( )	<b>Belay:</b> ★ 0 ( )
<b>Spécialités:</b>		
<b>Matériel:</b>		
<b>Résumé:</b> (traduction alternative) Or ravine of Sen, as it is born of the lake of the same name. With a short access and immediate return and a descent with a permanent and abundant flow most of the year. Very well excavated and with deep sections, it forms gorges of great quality, in which there are waterfalls and projections with a lot of continuity. Attention: There is a dam that regulates the flow of the Ibón. It is usually opened once a year, in order to fill the reservoirs at the end of the low water period. Ask at the town hall of San Juan de Plan.		
<b>Hydrologie:</b> (traduction alternative) Several during the tour		
<b>Accès:</b> (traduction alternative) We have to go to San Juan de Plan, for this we arrive at Ainsa and take the A138 towards France. After Lafortunada and before reaching Bielsa we will have a detour to the right to Salinas, Valle de Chistau, Gistain, etc.. We will go along this road and pass Plan and soon San Juan de Plan. In the village road makes a turn to the left and there is a street on the right that becomes a track, we follow it and cross the Cinqueta. The next bridge is the river Sen. We park.		
<b>Approche:</b> (traduction alternative) On the orographic right of the river Sen there is a path that goes up the riverbed in about 15-20min and leaves us on a concrete bridge, the beginning of the descent.		
<b>Tour:</b> (traduction alternative) Beautiful and little known descent. In many occasions we will find it empty. A very well formed and continuous fattened area awaits us after a small open stretch. It does not have jumps or big abseils but its great flow and boxing forces you to be continually attentive.		
<b>Retour:</b> (traduction alternative) You reach the bridge		
<b>Coordonnées:</b> Départ du Canyon <a href="#">42.5948 0.3499</a> Fin du Canyon <a href="#">42.5927 0.3499</a> Parking inconnu <a href="#">42.5926 0.3497</a>		

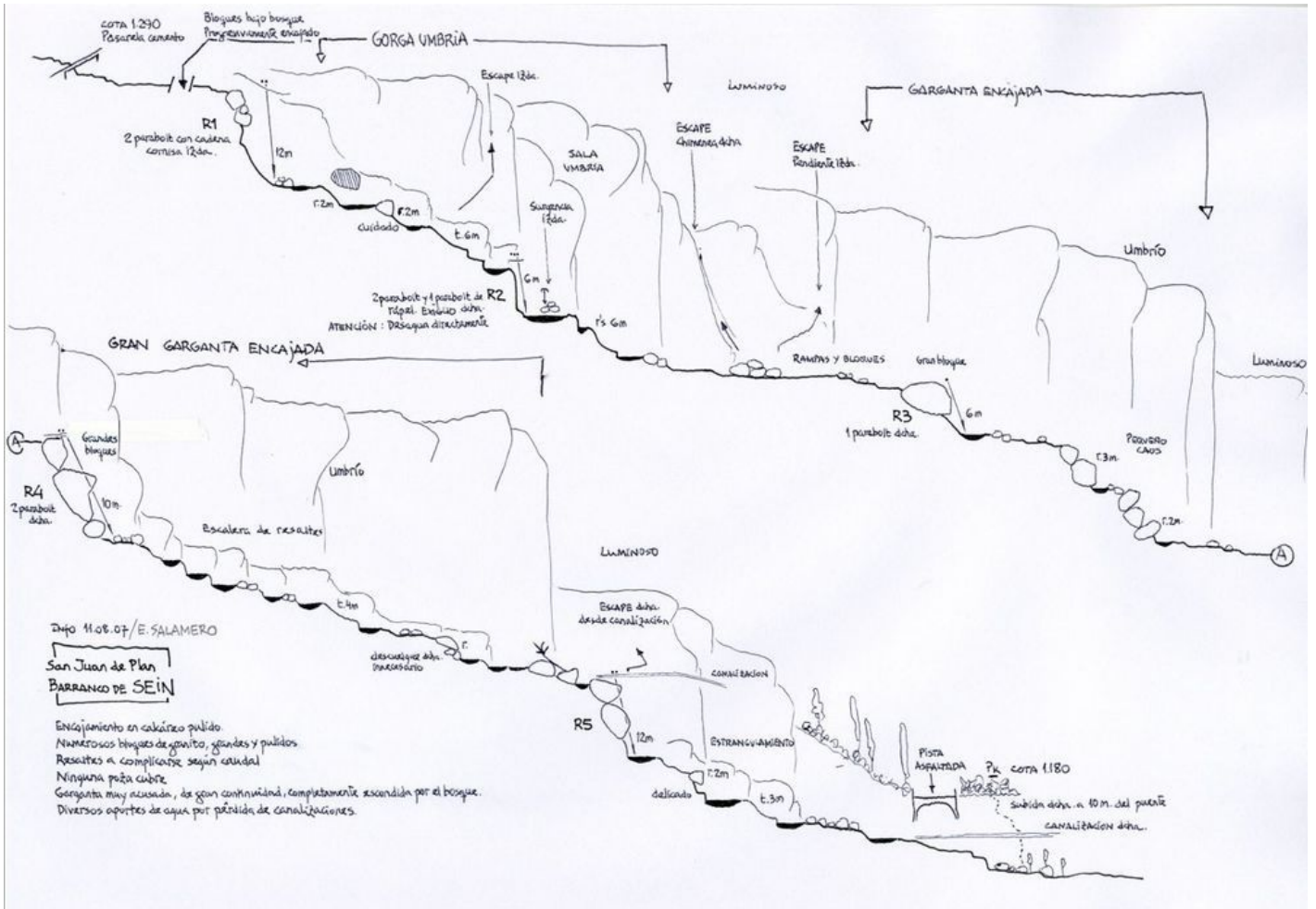
## Rapports:

2024-06-16 | System User | |📖|📍| |

Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Resumen, Hidrología, Acceso, Acceso, Recorrido, Regreso, Tiempo regreso, Cantidad rapells, Temporada start, Temporada end, Ruta GPS, Topografía de <https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:huesca:sein>

2023-03-09 | System User | |★|★|★|📖|📍| |

Daten importiert von <https://www.descente-canyon.com/canyoning/canyon/23178/Sein.html>



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