

# Bärenfall

<b>Créer:</b> 2023-08-28 13:17:51	<b>Mettre à jour:</b> 2025-08-05 18:21:27	<b>Imprimer:</b> 2026-05-31 01:05:07
<b>Pays:</b> Schweiz / Switzerland <b>Région:</b> Kanton Bern / Canton de Berne <b>Sous-région:</b> Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district <b>Ville:</b> Tschingel		
<b>Difficulté:</b> difficile	<b>Niveau:</b> v5 a1 ?	<b>Temps total:</b> 1h55
<b>Temps approche:</b> 45min	<b>Temps tour:</b> 1h	<b>Temps de retour:</b> 10min
<b>Altitude d'entrée:</b> 1245m	<b>Altitude de sortie:</b> 1155m	<b>Altitude du delta:</b> 90m
<b>Longueur du canyon:</b> 100m	<b>Rapelle le plus haut:</b> 80m	<b>Nombre de rapelles:</b> 2
<b>Transport:</b> à pied	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> 0.50km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Nord-Est	<b>Meilleur moment:</b> 9-17 Heures
<b>Évaluation:</b> ★ 3 (2)	<b>Info:</b> ★ 3 (1)	<b>Belay:</b> ★ 1 (1)
<b>Avertissements:</b> <b>inactif:</b> <i>Interdiction d'accès à l'ordonnance sur la pêche Berne</i> (annuellement 01.11. - 15.04.) Conformément à l'ordonnance sur la pêche du canton de Berne, ce tronçon de cours d'eau ne peut être parcouru que du 16 avril au 31 octobre.		
<b>Spécialités:</b> § Parking payant, Ne marcher qu'après la pluie,		
<b>Matériel:</b> Cordes: 2x90m outil de forage,		
<b>Résumé:</b> (traduction alternative) A waterfall approx. 80 m (35 / 45)		
<b>Hydrologie:</b> (traduction alternative) Light stream that probably only carries water directly after rainfall.		
<b>Accès:</b> (traduction alternative) By car to the paid parking lot at the exit of the Kiental (at the exit of the Griesschlucht)		
<b>Approche:</b> (traduction alternative) From the Tschingelsee, follow the Bärenpfad in the direction of Griesalp / Golderli. The well-maintained hiking trail first leads steeply uphill and then crosses a small bridge over a stream. Continue on the path until you see a conspicuous building on the meadow on the right (downhill). Walk across the meadow to the edge of the forest, where you meet the small stream just before the slope. Continue to follow the stream.		
<b>Tour:</b> (traduction alternative) For the last few meters to the edge, hang a rope from a tree and use it to descend secured to the last suitable tree. Use another tree as a natural anchor and rappel from there for about 80 meters. An intermediate stand can be set up after approx. 35 meters (in the water!) - but it is unlikely to find suitable anchors here.		
<b>Retour:</b> (traduction alternative) 230 meters across the meadows to the parking lot		
<b>Coordonnées:</b> Parking à l'entrée et à la sortie <a href="#">46.5495 7.7560</a> Départ du Canyon <a href="#">46.5519 7.7556</a> Fin du Canyon <a href="#">46.5510 7.7555</a> Point de repère <a href="#">46.5527 7.7502</a> Point de repère <a href="#">46.5536 7.7530</a> Point de repère <a href="#">46.5524 7.7552</a>		

## Rapports:

2022-08-26 | Bibtore | ★ | 📖 | ⚓ | 🌊 Faible | 🍏 Terminé

It's clear that it will never become a classic, but it's one more thing you can do to pass the time when it's raining. (traduction alternative)

2021-11-02 | Christian Balla | ★★★★★ | 📖 ★★★ | ⚓ ★ | 🌊 Normale | 🍏 Terminé

Good alternative if there is too much water everywhere else. 1 waterfall, rappel from the forest. See <https://www.christian-balla.de/~130> ATTENTION: We have drilled the intermediate stand in the middle of the waterfall. This is probably impossible to find or very quickly in a critical condition. Be sure to take material for the intermediate belay or sufficiently long ropes! (traduction alternative)