

# Sinigo (intermedio)

Rio Sinigo (Intermedio)

<b>Créer:</b> 2024-08-09 08:49:54	<b>Mettre à jour:</b> 2026-02-18 09:12:11	<b>Imprimer:</b> 2026-05-31 01:05:16
<b>Pays:</b> Italia / Italy <b>Région:</b> Trentino-Alto Adige <b>Sous-région:</b> Bolzano <b>Ville:</b> Merano		
<b>Difficulté:</b> un peu difficile	<b>Niveau:</b> v4 a3 III	<b>Temps total:</b> 2h20
<b>Temps approche:</b> 15min	<b>Temps tour:</b> 2h	<b>Temps de retour:</b> 5min
<b>Altitude d'entrée:</b> 770m	<b>Altitude de sortie:</b> 575m	<b>Altitude du delta:</b> 195m
<b>Longueur du canyon:</b> 1000m	<b>Rapelle le plus haut:</b> 45m	<b>Nombre de rappelles:</b> 11
<b>Transport:</b> Voiture facultative	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b>	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.9 (3)	<b>Info:</b> ★ 2.7 (3)	<b>Belay:</b> ★ 2.3 (3)
<b>Spécialités:</b> Captage d'eau,		
<b>Matériel:</b> Cordes: 2x 50m		
<b>Résumé:</b> (traduction alternative) Canyon with a lot of water flow, without narrow sections. One jump, otherwise rappel.		
<b>Hydrologie:</b> (traduction alternative) Water catchment at the foot of the 130m waterfall before entry.		
<b>Accès:</b> (traduction alternative) Attention! Do NOT park the car on the slope at the upper parking lot! Danger of falling rocks!		
<b>Approche:</b> (traduction alternative) From the parking lot, follow the road for a short distance and then turn right onto the hiking trail to Cascata. Follow this until you reach the foot of the 135 m waterfall (the exit of the upper part).		
<b>Tour:</b> (traduction alternative) Once you reach the stream, you stand on a "balcony" with a railing. To the left of the large stone is a good downclimb. Then go directly to the right and walk underneath the retaining wall until you almost reach its exit. On the left-hand side, there are climbing tracks down to a small ridge. Follow these down a few meters and downclimb again to the left - i.e. back towards the large waterfall. Here you will find a single bolt on a slab with which you can reach the belay about 15 meters ahead (do not go down to the stream - keep up - the belay is behind the small crest.  In the further course of the stream, rappel in the wide terrain, a lot of time is spent looking for anchors. Alternatively, there are often trees for rappels. For a Pro Canyon equipped canyon quite poorly equipped (or we simply did not find the anchors). Be careful with the potential jumps - for us, only one pool was deep enough (there is a thick rope on the left hand side to get back up)		
<b>Retour:</b> (traduction alternative) After the slide brake (concrete structure) turn right out to the car - 2 min.		
<b>Coordonnées:</b> Départ du Canyon <a href="#">46.6353 11.2036</a> Fin du Canyon <a href="#">46.6331 11.1961</a> Parking à la sortie <a href="#">46.6333 11.1958</a> Parking à la sortie <a href="#">46.6329 11.1954</a> Parking à l'entrée <a href="#">46.6386 11.1944</a>		

## Rapports:

2025-06-20 | Federico | ★★★★★ | 📖★★★★ | ⚓★★★ | 🌊 Normale | 👍 Terminé

Nice fun canyon. New anchors and diverters. Caution in the 45 mt rappel use the lowest limb to reduce rope friction (do not use the first but look about 5 mt below the first). (traduction alternative)

2024-08-09 | Peisen | ★★★★★ | 📖★★ | ⚓★★ | 🌊 Normale | 👍 Terminé

Very beautiful. Not very slippery except for the access to the aquatic rappel of the 45m high rappel, which is very very slippery. Alternatively, this waterfall can also be walked dry on the right. Unfortunately, a lot of garbage in the canyon, especially in the freely accessible areas. (traduction alternative)

2024-08-04 | Daniel Sturm | ★★★★★ | 📖★★★★ | ⚓★★ | 🌊 Normale | 👍 Terminé

Beautiful canyon with good water in the wide run. It took us a long time to find the first stand. Now well described. Water level picture from the bridge at the exit (traduction alternative)

## Partie:

Sinigo (superiore), v6 a5 V, 20min+6h+20min

Sinigo (intermedio), v4 a3 III, 15min+2h+5min

Sinigo (inferiore), v3 a5 IV, 2min+2h30+20min