

# Badde Pentumas

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<b>País:</b> Italia / Italy <b>Región:</b> Sardegna <b>Subregión:</b> Nuoro <b>Ciudad:</b> Oliena		
<b>Dificultad:</b> no tan difícil	<b>Grado:</b> v3 a1 IV	<b>Tiempo total:</b> 8h
<b>Tiempo acceso:</b> 2h20	<b>Tiempo tour:</b> 5h	<b>Tiempo regreso:</b> 40min
<b>Altitud de entrada:</b> 620m	<b>Altitud de salida:</b> 305m	<b>Altitude delta:</b> 315m
<b>Longitud del cañón:</b> 1500m	<b>Rapel más alto:</b> 35m	<b>Cantidad rapells:</b> 14
<b>Transporte:</b> A pie	<b>Tipo de roca:</b>	<b>Zona de entrada:</b> km²
<b>Temporada:</b> septiembre - junio	<b>Orientación:</b> Este	<b>Mejor época:</b>
<b>Clasificación:</b> ★ 3.2 (4)	<b>Información:</b> ★ 2.5 (2)	<b>Belay:</b> ★ 2.5 (2)
<b>Especialidades:</b> Regenbach,		
<b>Equipo:</b> Cuerdas: 2x40		
<b>Resumen:</b> (traducción alternativa) Not quite easy access. Descent over long stretches in grown rock. Some original passages. Best in water flow after heavy rains.		
<b>Hidrología:</b> xx		
<b>Acceso:</b> (traducción alternativa) Coming from Nuoro or Oliena, turn right off the SP46 for 4.3 km from the point where the eastern exit from Oliena joins the ring road and continue for 2.4 km to the Su Cologone spring. About 200m before reaching the large parking lot, turn right into the Valle di Lanaitto. This is followed by an ascent on a narrow tarred road, which later turns into a gravel road. After 4.4 km we come to a Y-junction. Both branches of the road lead to the destination, the one on the left is busier and in slightly better condition. We follow the signs for "Su Oche" and 2.7 km after the junction we come to a house where tickets for the surrounding caves and archaeological sites are sold. Sights are sold. We park the car in the large parking lot.		
<b>Acceso:</b> (traducción alternativa) We follow the signposts to the remains of the Nuragic village of Sos Carros. After Sos Carros, we follow the gravel road for a few meters and look for tracks and cairns to guide us south of the ditch coming down from above. If we don't find them or lose them again during the ascent, we keep heading west up the karstic slope. At an altitude of between 350m above sea level and 400m above sea level, we come across a relatively clear path coming from the right and heading uphill to the left (SSW). We follow it, pass a shepherd's hut and finally reach a ridge. We now descend on the other side and turn left downhill in the wide valley we have now reached. At a fork, we stay left and reach the entry point. If you shy away from the pathless ascent at the beginning, you can follow the slope that leads north from the parking lot. After 1400m, a slope branches off to the left uphill, which we follow. 260m above sea level, we come to a house, where the slope exits, but continues on a path that crosses the slope in a southerly direction, slightly uphill. This is the same path that we tried to reach without a path from the Nuraghe settlement upwards. This path and the subsequent ascent are clearly marked on Nop's riding and hiking map of the island, which can be downloaded free of charge from the Internet. In this map section - to be found here under photos - I have also marked my suggested approach (red dashed line, corresponds to the sketch in the book by Jourdan/Fiorina) and that of Corrado Conca (blue-green dashed line - to be found in his book).		

**Recorrido:** (traducción alternativa)

At the beginning, the descent is downhill over natural rock. After the first rappel, you come to the edge of a pool, which can be climbed around - as can all the following ones. There are a total of 13 rappels on the varied descent. In the lowest third, a path leads off to the right to a very interesting via ferrata - Via Ferrata di Badde Pentumas C/D (see weblinks)

If you want to avoid the via ferrata, you can descend an additional 7m along the right bank of the streambed. Additional time required approx. 75min

**Regreso:** (traducción alternativa)

We come to a gravel road and follow it to the left (in a northerly direction) to the car.

**Coordenadas:**

Inicio del Cañón [40.2465 9.4640](#)

Final del Cañón [40.2488 9.4761](#)

Aparcamiento a la entrada [40.2636 9.4917](#)

Aparcamiento a la salida [40.2495 9.4913](#)

**Informes:**

2026-04-17 | Max H. | |📖|📍| |👍 Completado

vvv

2026-03-22 | Daniel Sturm | ⭐⭐⭐ |📖|⭐⭐⭐|📍|⭐⭐⭐|🌊 Normal |🚫 No realizada

Test

2026-03-17 | Daniel Sturm | ⭐⭐⭐⭐ |📖|⭐|📍|⭐|🌊 Normal |🚧 Salida de emergencia

Test

2024-05-06 | System User | |📖|📍|🌊 Seco |👍 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Badde Pentumas Quelques vasques croupies mais qui s'évitent facilement (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21040/observations.html>)

2024-04-22 | System User | |📖|📍|🌊 Seco |👍 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Badde Pentumas (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21040/observations.html>)

2023-03-09 | System User | ⭐⭐ |📖|📍| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/21040>

2023-03-09 | System User | ⭐⭐ |📖|📍| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/BaddePentumasCanyon.html>

2020-11-25 | Wido | |📖|📍| |👍 Completado

Addendum 2017 with Wolfram (traducción alternativa)