

Torrente Prouve

Valeille des Prouves,Prouve

Info: La calidad de esta descripción no se ha comprobado todavía o se ha calificado como mala.

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País: Italia / Italy **Región:** Valle d'Aosta / Regione Autonoma Valle d'Aosta **Subregione:** Arnad **Ciudad:** Arnad

Dificultad: un poco difícil

Grado: v4 a2 II

Tiempo total: 3h32

Tiempo acceso: 0min

Tiempo tour: 3h30

Tiempo regreso: 2min

Altitud de entrada: 800m

Altitud de salida: 415m

Altitude delta: 385m

Longitud del cañón: 1500m

Rapel más alto: 40m

Cantidad rapells:

Transporte: Coche obligatorio

Tipo de roca: granite

Zona de entrada: km²

Temporada: abril - octubre

Orientación: Suroeste

Mejor época:

Clasificación: ★ 2 (1)

Información: ★ 0 ()

Belay: ★ 0 ()

Especialidades:

Equipo:

Cuerdas: 2x 40m

Resumen: (traducción alternativa)

Canyon that is also suitable for beginners.

Hidrología:

Acceso: (traducción alternativa)

A5 highway. From Aosta, take the Verrès exit, from Turin the Pont-St-Martin exit. Take the SS26 to Arnad and climb to the highest point of the village (road on the left bank) to the parking lot directly above the old bridge on the left bank: Valley parking lot. Go downhill a little and turn left towards Vacheres. Pass Champgraffion and continue straight ahead at the next bend to the right. Upper parking lot just before the bridge over the torrent.

Acceso:

Recorrido: (traducción alternativa)

The ascent to the first bridge (Alt; 660m) is really not very good, the waterfalls are very steep. Then a C22 under the bridge, the route gets better, a second small wooden bridge, then the highlight: MC, C16, hanging pool, C40. Then 2 small waterfalls and a C34. Path on the D bank, artificial basin from which you have to descend as best you can (rappel approx. 20 m) to reach the streambed.

Commitment

Medium, 2 loopholes at the bridges leading left to the road, no dip.

Period/ water character

Very small water catchment area, facing south-west and reaching its highest point at Monte dell'Aquila, 2580m. Therefore medium water flow, canyon accessible from April to October. A few pools.

Geology

Metamorphic rock similar to granite.

Remarks

The first part can be avoided: At the first hairpin bend on the right on the way up, take the small road on the left that passes at the foot of the ruined Castello, parking lot at the exit. Follow the path for about 10 minutes on foot to the bridge at an altitude of 660 m.

Good bivouac site shortly after leaving Arnad between the road and the stream (valle del Va).

Regreso: (traducción alternativa)

At the level of the parking lot and a metal platform suspended from the left bank, leave the right bank via 2 m of easy climbing on the wall.

Coordenadas:

Inicio del Cañón [45.6474 7.7390](#)

Final del Cañón [45.6422 7.7277](#)

Aparcamiento a la salida [45.6418 7.7268](#)

Aparcamiento a la entrada [45.6474 7.7396](#)

Informes:

2025-08-21 | System User | |📖|📌|🌊 Normal |👍 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Prouve Descente partie inférieure à 4 Mur d'eau Vosges,240m en 3h16. Eau 15•6. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23854/observations.html>)

2020-09-27 | Christian Balla |⭐⭐|📖|📌|🌊 Bajo |👍 Completado

A canyoning tour in the Prouve is certainly not the highlight of the week, but it's fun nonetheless. Nothing special but still a beautiful scenic experience. Video of the tour: <https://www.youtube.com/watch?v=0H6VqMJOKL4> Photos and GPS tracks: <https://www.christian-balla.de/Prouve> (traducción alternativa)