

# Froda (Superiore)

Froda superiore, Cuvignone superiore, Torrente Froda

<b>Crear:</b> 2023-03-09 20:53:30	<b>Actualizar:</b> 2025-08-28 15:50:21	<b>Imprimir:</b> 2026-05-31 02:05:03
<b>País:</b> Italia / Italy <b>Región:</b> Lombardia <b>Subregión:</b> Varese <b>Ciudad:</b> Castelveccana		
<b>Dificultad:</b> un poco difícil	<b>Grado:</b> v4 a2 III	<b>Tiempo total:</b> 1h40
<b>Tiempo acceso:</b> 5min	<b>Tiempo tour:</b> 1h30	<b>Tiempo regreso:</b> 5min
<b>Altitud de entrada:</b> 720m	<b>Altitud de salida:</b> 575m	<b>Altitude delta:</b> 145m
<b>Longitud del cañón:</b> 350m	<b>Rapel más alto:</b> 40m	<b>Cantidad rapells:</b> 10
<b>Transporte:</b> Coche opcional	<b>Tipo de roca:</b> limestone	<b>Zona de entrada:</b> 1.30km <sup>2</sup>
<b>Temporada:</b> enero - diciembre	<b>Orientación:</b> Norte	<b>Mejor época:</b> 10-18 Horas
<b>Clasificación:</b> ★ 2.9 (6)	<b>Información:</b> ★ 3 (3)	<b>Belay:</b> ★ 2.6 (5)
<b>Especialidades:</b>		
<b>Equipo:</b> Cuerdas: 2x40m		
<b>Resumen:</b> (traducción alternativa) After the entry in a forest canyon, succession of vertical rappels until the exit on a small bridge on a more level terrain. Alternatively, you can continue here to finally reach the steep 100m drop of Cascade della Froda (Cf. Torrente Froda inferiore).		
<b>Hidrología:</b>		
<b>Acceso:</b> (traducción alternativa) From Luino, on the eastern shore of Lake Maggiore, we take SP 69 to Castello Castelveccana (9.4 km). We leave this road here to the left on the SP 7 - Via Galileo Galilei - in the direction of Nazca, Sant'Antonio, Arcumeggia. The road now climbs steadily, we see the 100m high Cascade della Froda (cf. Froda inferiore) and 4.8 km after turning off the SP 69 in Castelveccana we reach a prominent left-hand serpentine. Here we park the lower car. In the hairpin bend a footpath from the west meets the road. If we walk along it for about 5 minutes until we reach a footbridge (it is also the way back after the exit), we can check the water level in the Froda. With the second car we then continue for another 550 m and then turn right onto the SP 8 ("Passo Cuvignone"). On the Sp 8 we go uphill for a good 1100 m and then we look for a suitable parking place.		
<b>Acceso:</b> (traducción alternativa) We go downhill in the sparse deciduous forest, keeping diagonally towards the stream (Froda) flowing below us. Relatively late we enter the stream and soon come to the first rappel.		
<b>Recorrido:</b> (traducción alternativa) As already mentioned, a succession of 11 rappels begins vertically. This opens up beautiful views as far as Lake Maggiore and the Ticino mountains towering behind. Exit at the small bridge if you don't want to join the Froda inferiore.  01- C4 (2 sx) 02- C5 (MC 2sx + 2sx) 03- C6 (2 dx) 04- C15 (2sx + dev dx -8m) 05- C10 (2 sx) 06- C17 (MC 2dx + 2dx) 07- C40 (MC 2 dx + 2 dx) 08- C 15 (2sx + dev sx -7m) 09- C8 (2 dx) 10- C14 (2 sx)		
<b>Regreso:</b> (traducción alternativa) At the bridge out to the right on the trail and in a few minutes to the lower car.		

**Coordenadas:**Inicio del Cañón [45.9312 8.6848](#)Final del Cañón [45.9328 8.6881](#)Aparcamiento a la entrada [45.9299 8.6822](#)Aparcamiento a la salida [45.9327 8.6886](#)**Informes:**

2025-08-23 | System User | |📖|📍|🌊 Normal |👍 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Froda (superiore) Équipement ok (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23217/observations.html>)

2025-07-25 | Enrico Rispoli |☆☆☆👉|📖|📍☆☆|🌊 Normal |👍 Completado

Easy canyon, not bad enough unexpected in this place (traducción alternativa)

2025-07-24 | Massimo Loriato |☆☆☆|📖☆☆☆☆|📍☆☆☆☆|🌊 Normal |👍 Completado

Water level low, everything in order.

2025-04-22 | Peter |☆☆☆👉|📖☆☆☆☆|📍☆☆☆☆|🌊 Alto |👍 Completado

Everything perfect, water more abundant than usual (traducción alternativa)

2024-06-02 | Peter |☆☆☆|📖☆☆☆☆|📍☆☆☆☆|🌊 Normal |🚫 No realizada

Everything in the norm (traducción alternativa)

2023-11-25 | Bina | |📖|📍|🌊 Normal |👍 Completado

Very cold water... brrrrrr... (traducción alternativa)

2023-11-25 | System User | |📖|📍|🌊 Normal |👍 Completado

Automatisch importiert von Descente-Canyon.com für Canyon Froda (superiore) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23217/observations.html>)

2023-05-18 | Bina |☆☆☆|📖|📍☆☆|🌊 Normal |👍 Completado

Everything ok (traducción alternativa)

2023-03-09 | System User |☆☆|📖|📍||

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/FrodasuperioreCanyon.html>**Partes:**

Froda (Superiore), v4 a2 III, 5min+1h30+5min

Froda (Inferiore), v5 a3 III, 5min+3h+10min