Cramassouri

Vallon de Cramassouri,Vallon des aviateurs

Create: 2023-03-09 20:50:07	**Update:** 2023-12-13 15:57:55	**Print:** 2026-11-10 02:11:44
Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** La Tour sur Tinée		
Difficulty: not as difficult	**Grading:** v3 a3 III	**Total time:** 1h50
Approachtime: 15min	**Tourtime:** 1h30	**Returntime:** 5min
Altitude entry: 290m	**Altitude exit:** 210m	**Delta Altitude:** 80m
Canyon length: 1000m	**Highest rapell:** 11m	**Amount rapells:** 7
Transport: Car optional	**Rock type:**	**Drainage area:** 23.00km²
Season: June - September	**Orientation:** Southwest	**Best Time:**
Rating: ☆ 3.1 (4)	**Info:** ★ 2.3 (3)	**Belay:** ★ 3 (1)

Specialities:

Gear:
Ropes: 1x30m

Summary: (machine translated)
Fun canyon with smaller rappels, also suitable for beginners and children. It is an absolute highlight for children. It is very varied.

Hydrology:

Access: (machine translated)
From Nice on the N 202 along the Var river for 32 km northwards. Then we turn off into the Vallée de Tinée, driving along the M 2205 in the valley towards La Tour sur Tinée. After 3.4 km from N 202, you can see the mouth of the Cramassouri from the opposite side of the river. Park the lower car here.
Continue with the second car for 1.2 km on the M 2205, then turn right onto the M 32 towards La Tour. Continue uphill for almost 3 km until you reach a hairpin bend. Park the second car there.

Approach: (machine translated)
We now follow the newly created path, starting about 200m before (below) the hairpin bend, down to Cramassouri.
Alternatively - with only one car - you can also reach the entry from the parking lot at the exit via a beautifully laid out path in about 30 minutes. You cross the Tinée above the Cramassouri tributary. A path begins there and joins the access road a few 100m below the parking entry.

Tour: (machine translated)
Many slides in an increasingly narrow canyon. Jumps also possible. Highlight a 10m slide at the exit of the tour.

Return: (machine translated)
After reaching the Tinée through the river and beyond up to the car - or back to the parking entry on the path described at the access.

Coordinates:
Canyon Start 43.9386 7.1807
Parking at Exit 43.9320 7.1757
Parking at Entry 43.9390 7.1785
Canyon End 43.9339 7.1747
Waypoint 43.9345 7.1735

Reports:

2025-09-29 | Tjaz | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
The canyon is closed from 12.9 onwards but we went in anyway. Very very easy but beautiful. We did it in 45minutes. Not worth the drive but worth doing if you are in the area. New path from river up is nicely visible easy to find. No jumps, all slides possible. Last 10m waterfall 50cm deep

---

2025-09-11 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2025-09-06 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2025-09-04 | Andreas B | ☆ |🕮 ★ |⚓ | 〰 Normal | 👍 Completed
The fun factor is no longer there in its current state. Possibly still for absolute beginners and smaller children. Completely closed. Some of the mini slides still worked but no jumps and the slide at the end was also too pebbled. We were through after less than 60 minutes... Conclusion: not worth it in its current state (machine translated)

2025-09-01 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2025-08-22 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Ça reste toujours un joli canyon, mais moins ludique qu'avant. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2025-08-21 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri ras (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2025-08-12 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2025-08-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri DC. Equipement correct. Des vasques limpides tout le long qui rappelle l'envie de se baigner ...on aurait pu éviter la combi vu le ressenti. Pour ceux qui la joue sans navette et gare à l' amont, ne pas traverser la Vésubie et remonter sa rive gauche pour trouver un chemin vers le parking (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2025-08-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Ras, rien à voir à ce qu’il était mais reste ludique, facile et rapide (1h10) jusqu’au parking. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2025-08-02 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Ballade en riviere (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2024-08-26 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri 1m20 de fond sous la cascade terminale. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)

2024-08-23 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Cramassouri Plus rien avoir avec avant, bien dommage. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2151/observations.html)