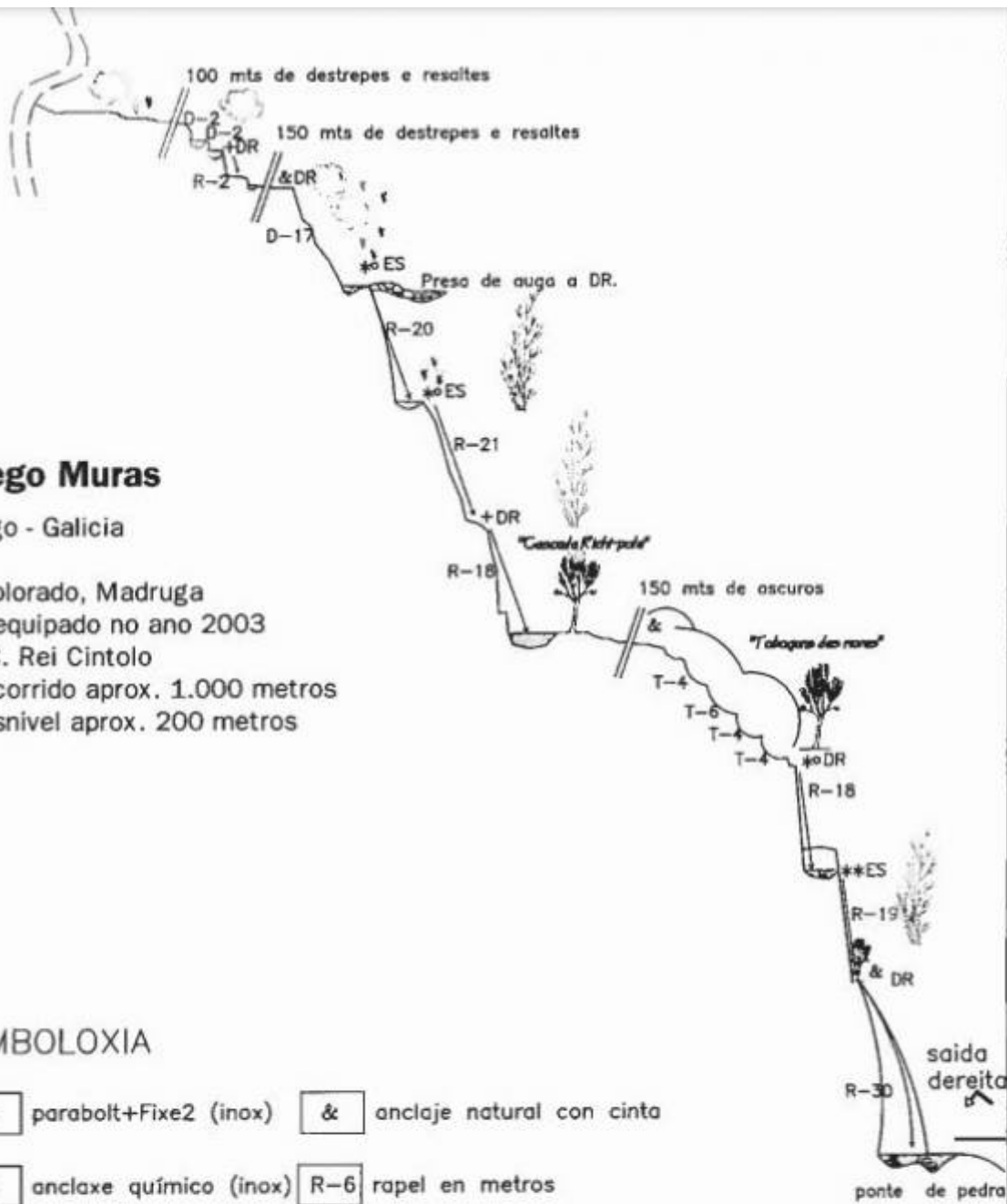


# Muras

Cañón do Muras

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2024-06-05 23:14:18	<b>Update:</b> 2026-03-14 22:15:57	<b>Print:</b> 2026-06-27 12:06:15
<b>Country:</b> España / Spain <b>Region:</b> Galicia <b>Subregion:</b> provincia de Lugo <b>Town:</b> Mondoñedo		
<b>Difficulty:</b> not as difficult	<b>Grading:</b> v3 a3 II	<b>Total time:</b> 2h35
<b>Approachtime:</b> 5min	<b>Tourtime:</b> 2h	<b>Returntime:</b> 30min
<b>Altitude entry:</b> m	<b>Altitude exit:</b> m	<b>Delta Altitude:</b>
<b>Canyon length:</b> 900m	<b>Highest rapell:</b> 30m	<b>Amount rapells:</b> 7
<b>Transport:</b>	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b> January - December	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 0 ()	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Specialities:</b>		
<b>Gear:</b>		
<b>Summary:</b> (machine translated) Impressive canyon during the rainy season and entertaining the rest of the time. Several fractioned rappels, very committed with high flows, slides and skills ... better to do it first with a normal flow.		
<b>Hydrology:</b>		
<b>Access:</b> (machine translated) By the N634 between Abadín and Mondoñedo or by the A8 is the exit 552, also Abadín/Mondoñedo. In both cases it will take us to a traffic circle under the freeway where we take the LU-P-0105 towards A Pastoriza. After one kilometer there is a small road on the left (parallel to the highway) towards Bicos and Samordas, this road goes to a stream, crosses it and goes under the highway. We park here where we do not disturb		
<b>Approach:</b> (machine translated) Under the bridge of the auto track, the access is immediate, we will only have to follow the creek until the first difficulties.		
<b>Tour:</b> Ver topo		
<b>Return:</b> (machine translated) When we get to the stone bridge we go out to the right, we will go up a path that takes us to the remains of the Ermita de San Cosme, from here we will take the path that goes up to the road, we will take it to the right and it will take us under the highway to the place where we have left the car.		
<b>Coordinates:</b> Canyon Start <a href="#">43.4286 -7.3639</a>		
<b>Reports:</b>		
2024-06-16   System User    📄 📍    Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Acceso, Acceso, Recorrido, Regreso, Tiempo acceso, Tiempo tour, Tiempo regreso, Rapel más alto, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de <a href="https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:lugo:muras">https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:lugo:muras</a>		
2023-03-09   System User    📄 📍    Daten importiert von <a href="https://ropewiki.com/Muras">https://ropewiki.com/Muras</a>		



## Rego Muras

Lugo - Galicia

Explorado, Madruga

Reequipado no ano 2003

E.C. Rei Cintolo

Recorrido aprox. 1.000 metros

Desnivel aprox. 200 metros

## SIMBOLOXIA

- \* parabolt+Fixe2 (inox)    & anclaxe natural con cinta
- anclaxe químico (inox)    R-6 rapel en metros
- DR localización anclaxe    D-6 destrepe en metros
- + Spit    / zona sin representar    T-4 Tobogán en mts.

Ref.	003	Levantamento Topográfico	rio/barranco/cañón	
E.C. Rei Cintolo		MURAS	Fecha	Escala
			4/08/2002	
Notas		REGO MURAS (SAMORDÁS-ABADÍN)		
¡precaución en tobogans, non saír proxectado a cascada seguinte!		Perfil Lonxitudinal	Edición	Lámina

Importado de infobarrancos.es