

# Apraia

Fosso di Apraia, Canale Nero, Fosso Capredosso

**Info: The quality of this description has not been checked yet or was rated bad.**

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**Create:** 2023-03-09 20:55:40

**Update:** 2023-12-01 04:59:28

**Print:** 2026-06-27 12:06:55

**Country:** Italia / Italy **Region:** Toscana **Subregion:** Lucca **Town:** Careggine

**Difficulty:** difficult

**Grading:** v5 a3 III

**Total time:** 3h30

**Approachtime:** 15min

**Tourtime:** 2h30

**Returntime:** 45min

**Altitude entry:** 840m

**Altitude exit:** 570m

**Delta Altitude:** 270m

**Canyon length:** 800m

**Highest rapell:** 42m

**Amount rapells:** 9

**Transport:** Car optional

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:** North

**Best Time:**

**Rating:** ★ 2.8 (2)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x 45m

**Summary:** (machine translated)

Varied rappel canyon

**Hydrology:**

**Access:** (machine translated)

If you want to do the whole tour, you will need two vehicles. However, if you get off before the last 40 m waterfall, you only need to drive to the entry point.

Parking lot exit: From Castelnuovo di Garfagnana, head north on the SS-445 to Poggio. Turn left here and drive to the Lago di Vagli reservoir. Before the road crosses Torrente Edron on the lower right, a narrow tarred road branches off to the left and leads to Vergaia, a hamlet of a few houses on the northern shore of the lake. In this hamlet, the road passes above the houses and becomes a gravel track. Park your car a few hundred meters further on at a cemetery chapel.

Entry to the parking lot: Take a second car back to the junction at the road to the reservoir and continue back to Poggio. Shortly before the village, turn right uphill towards Careggine. Approx. 1 km after Careggine, a road branches off to the right to the sports field (Campi sportivi). Follow this road downhill and just before the sports field turn left along the narrow tarmac road to the entrance of the sports field. Park your car here and the transfer distance is 15.2 km.

**Approach:** (machine translated)

From the parking lot, continue along the road on a slope that first runs behind the soccer field and then, after a leftward hairpin bend, descends through a chestnut forest into the valley behind the sports field. You reach the exit of the slope at a meadow with two vacation homes on the left (approx. 250 m from the sports field). On the right below the two houses on the edge of the slope is an old house with a barn. Walk along the edge of the meadow in the direction of this barn, past the barn, continue down the ridge and where the path loses itself in the forest, descend to the left without a path to the streambed.

**Tour:** (machine translated)

Despite the long transfer route and the relative remoteness from the usual tourist routes, this tour is worthwhile in a lonely scenic setting. See photos and video.

**Return:** (machine translated)

After a 40 m high waterfall and an 8 m abseil point, you first walk approx. 100 m further along the streambed and reach another open 40 m waterfall. Here (above this waterfall) you can ascend to the left on an inconspicuous path back to the entry point (not tested by us). Once you have parked the car in Vergaia, however, you can rappel down this beautiful waterfall. Further downstream, you can see a stream flowing in from the left. Turn right here onto a path. A clearly recognizable path above the lake later leads north around a bay and further along the lake towards Vergaia. Another alternative is to be picked up by a boat at the mouth of the stream into the lake; this can be organized with the owner of the Albergo Le Alpi in Vagli di Sotto.

**Coordinates:**

Canyon Start [44.1085 10.3204](#)

Parking at Entry [44.1127 10.3246](#)

Parking at Exit [44.1238 10.3104](#)

Canyon End [44.1112 10.3145](#)

**Reports:**

2025-08-23 | System User | |📖|📌|🌊 Low |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Apraia Attentione il sentiero di uscita basso (quello con navetta) è impraticabile, centinaia di alberi caduti sul sentiero. Da evitare!!!! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21730/observations.html>)

2024-05-25 | System User | |📖|📌|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Apraia Nous avons suivi en parti les recco de <https://canyon.carto.net/cwiki/bin/view/Canyons/ApraiaCanyon.html> sauf que nous n'avons pas voulu faire la navette, le sentier de départ est bien derrière les maisons beaucoup d'arbres tombés suite à la tempête et retour via le sentier RG avant la 34 m. Amarrages ok belles cascades (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21730/observations.html>)

2023-03-09 | System User | ★★ |📖|📌| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/21730>

2023-03-09 | System User | ★★ |📖|📌| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/ApraiaCanyon.html>