

# Salt de l'Ós

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**Create:** 2026-03-14 22:16:51

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**Country:** España / Spain **Region:** Cataluña / Catalunya **Subregion:** Barcelona [Barcelona] / Provincia de Barcelona **Town:**

**Difficulty:** a little difficult

**Grading:** v2 a4 III

**Total time:** 42min

**Approachtime:** 10min

**Tourtime:** 30min

**Returntime:** 2min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** 100m

**Highest rapell:** 10m

**Amount rapells:** 2

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** June - August

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

Short but very nice gorga in which the force of the water can put us in problems. Ideal to combine with any other in the area (Farga for example).

From the access path we can see the flow and enjoy the view from the top of the gorge.

Check the possibility of needing a permit: <http://parcsnaturals.gencat.cat/ca/xarxa-de-parcs/cadi/inici/>

Caution with water releases!!! <https://montanaregulada.org/area/salt-de-l-os>

**Hydrology:** (machine translated)

Not in the gorges, so be careful with the flow rate.

**Access:** (machine translated)

On the B402 between Campdevanol and Guardiola we will reach La Pobla. Here we will turn to Fonts del Llobregat / Castellar de N'Hug. After kilometer 3, which has the detour to the railroad museum, after 150m we have a track on the right where we will get in and next to the river we have room to park.

**Approach:** (machine translated)

We will leave part of the track to look for a path that runs parallel to the river in the direction of Castellar, we will see that it has GR markings. Along this path we will pass the Pas de l'Os by the orographic right, enjoying its magnificent views, until the path allows us to go down to the Llobregat river.

**Tour:** (machine translated)

Shortly after we will find a first rappel or jump to which we will access by a handrail installed, there is good reception for the jump. We will continue a few meters and we will find the next difficulty, this one is dangerous with high flow because it makes a pretty strong drosage, once overcome we will only have a dexterity and enjoy what we have left of the gorga.

**Return:** (machine translated)

Once we leave the gorges, we can go left (to the track) or right (to the access path) or continue along the river to the bridge next to the one we parked on.

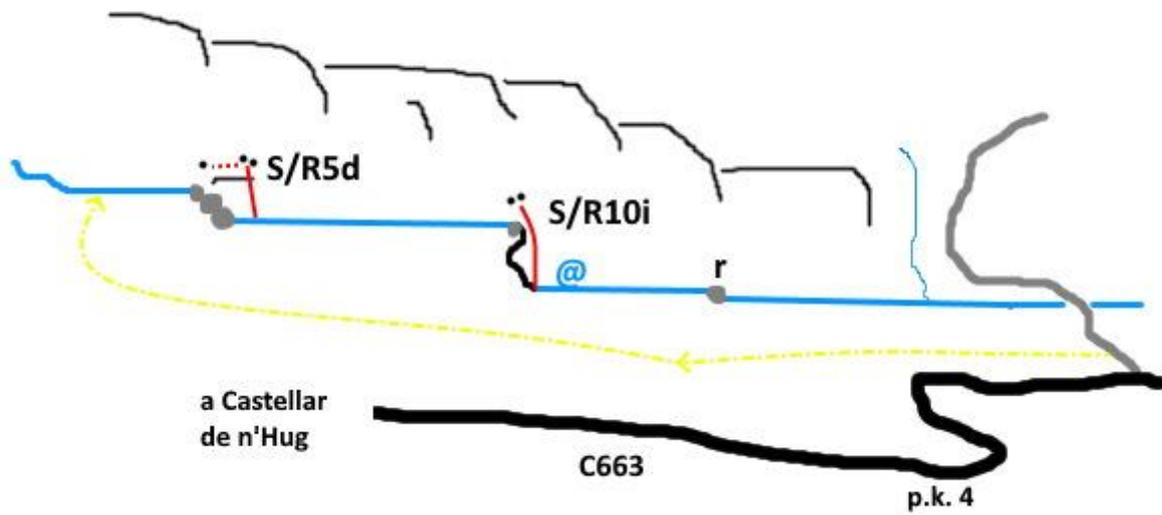
**Coordinates:**

**Reports:**

2024-06-16 | System User | |📄|📌| |

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