# Bidighinzos

Bidighinzos/Vilighingios,Codula Bidighinzos oder Vilighingios

**Info: The quality of this description has not been checked yet or was rated bad.**
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

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|---|---|---|
| **Create:** 2023-03-09 20:51:52 | **Update:** 2026-01-04 19:51:27 | **Print:** 2026-11-12 02:11:53 |
| **Country:** Italia / Italy **Region:** Sardegna **Subregion:** Nuoro **Town:** Dorgali | | |
| **Difficulty:** easy | **Grading:** v2 a1 I | **Total time:** 4h40 |
| **Approachtime:** 2h | **Tourtime:** 2h30 | **Returntime:** 10min |
| **Altitude entry:** 450m | **Altitude exit:** 210m | **Delta Altitude:** 240m |
| **Canyon length:** 600m | **Highest rapell:** 25m | **Amount rapells:** 8 |
| **Transport:** on Foot | **Rock type:** | **Drainage area:** km² |
| **Season:** September - June | **Orientation:** West | **Best Time:** |
| **Rating:** ☆ 0 () | **Info:** ★ 0 () | **Belay:** ★ 2 (1) |

**Specialities:**

**Gear:**
Ropes: 2x30

**Summary:** (machine translated)
Rappel canyon, dry with 2 parts that can each be climbed separately.

**Hydrology:**

**Access:** (machine translated)
Coming from Nuoro or Oliena, we turn right from the SP46 for 4.3 km from the point where the eastern road exit of Oliena joins the ring road and we go for 2.4 km to the Su Cologone spring. About 200m before reaching the large parking lot, we turn right into the Valle di Lanaitto. There follows a climb on a narrow tarred road that later becomes a dirt road. After 4.4 km we come to a Y-junction. We take the one on the left. Where it goes away to the right to the Grotta di sa Oche (2.2 km after the Y-junction), we go straight on always on the "main track", ignoring the tracks going off to the right and after about 4 km (from the Y-junction) we come to a widening on the right of the track, where we park our car. A few meters further, the track crosses the stream su Codulone. See also "Overview" in "Photo Gallery

**Approach:** (machine translated)
See "Overview" in "Photo Gallery": alternatively access to the top (E1) or only to the lower part (E2).\nThe descent can also be combined with a visit to the Nuraghi village of Tiscali and/or Grotta Vidighinzos, see: https://www.wikiloc.com/canyoneering-trails/codula-vidighinzos-18130109

**Tour:** (machine translated)
See videos and photos.In part I 3 rappel: 16m -19m (12m+7m) - 20m\nIn part II 5-6 rappel: 13m - 5m - 4m - 5m - 20m

**Return:** (machine translated)
Back on the access path at the bottom, turn right to the slope and then left across the creek to the car.

**Coordinates:**
Canyon Start 40.2476 9.5035
Parking Entry and Exit 40.2509 9.4965
Canyon End 40.2495 9.4978

**Reports:**

2025-12-29 | MirkoT | |🕮 |⚓ ★ ★ | 〰 Dry | 👍 Completed
The smooth descent of a group is reported. (machine translated)

2023-03-09 | System User | |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/BidighinzosCanyon.html