

# Vallizon

La Foz del Ríu Vallizón

**Info: The quality of this description has not been checked yet or was rated bad.**

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

**Create:** 2024-06-05 22:48:21

**Update:** 2026-03-14 22:10:20

**Print:** 2026-06-27 12:06:40

**Country:** España / Spain **Region:** Asturias, Principado de / Principality of Asturias **Subregion:** Asturias **Town:** Ponga

**Difficulty:** a little difficult

**Grading:** v4 a2 III

**Total time:**

**Approachtime:**

**Tourtime:** 1h

**Returntime:** 20min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** 600m

**Highest rapell:** 27m

**Amount rapells:** 8

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** January - December

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

Impressive canyon carved in limestone. It is not very well known and yet it offers great sensations. His marmites traps, the final R40 and the boxed of the canyon will not leave us indifferent.

The descent of the ravine seems to be forbidden.

Source: <https://www.ponga.es/descenso-de-barrancos>

**Hydrology:** (machine translated)

Once the gully is boxed in, it would not be easy to escape. In the Ponga much less so it is necessary to evaluate the flow of the latter.

**Access:** (machine translated)

We are in Cangas de Onís, we will take the N625 to go up the Sella.

At pk 135 we have the detour to the right to Viego by the PO-2, we will follow it until Beleño where we will turn left to Sobrefoz. We will leave this pretty village to go up the river Ponga by a charming little road that in less than 2kms, just in a sharp right turn has a bridge over a stream. We park

**Approach:**

Inmediato

**Tour:** (machine translated)

A first stretch of skills up to the remains of an old bridge, from here begin the rappels and little by little the canyon is enclosed until the final crack with the marmitas and the R40 fractioned on the river Ponga.

Once in the Ponga we will make this short Foz

**Return:** (machine translated)

Just when the gorge opens, we will see a path on our right that will take us up to the road.

**Coordinates:**

Canyon Start [43.1583 -5.1732](#)

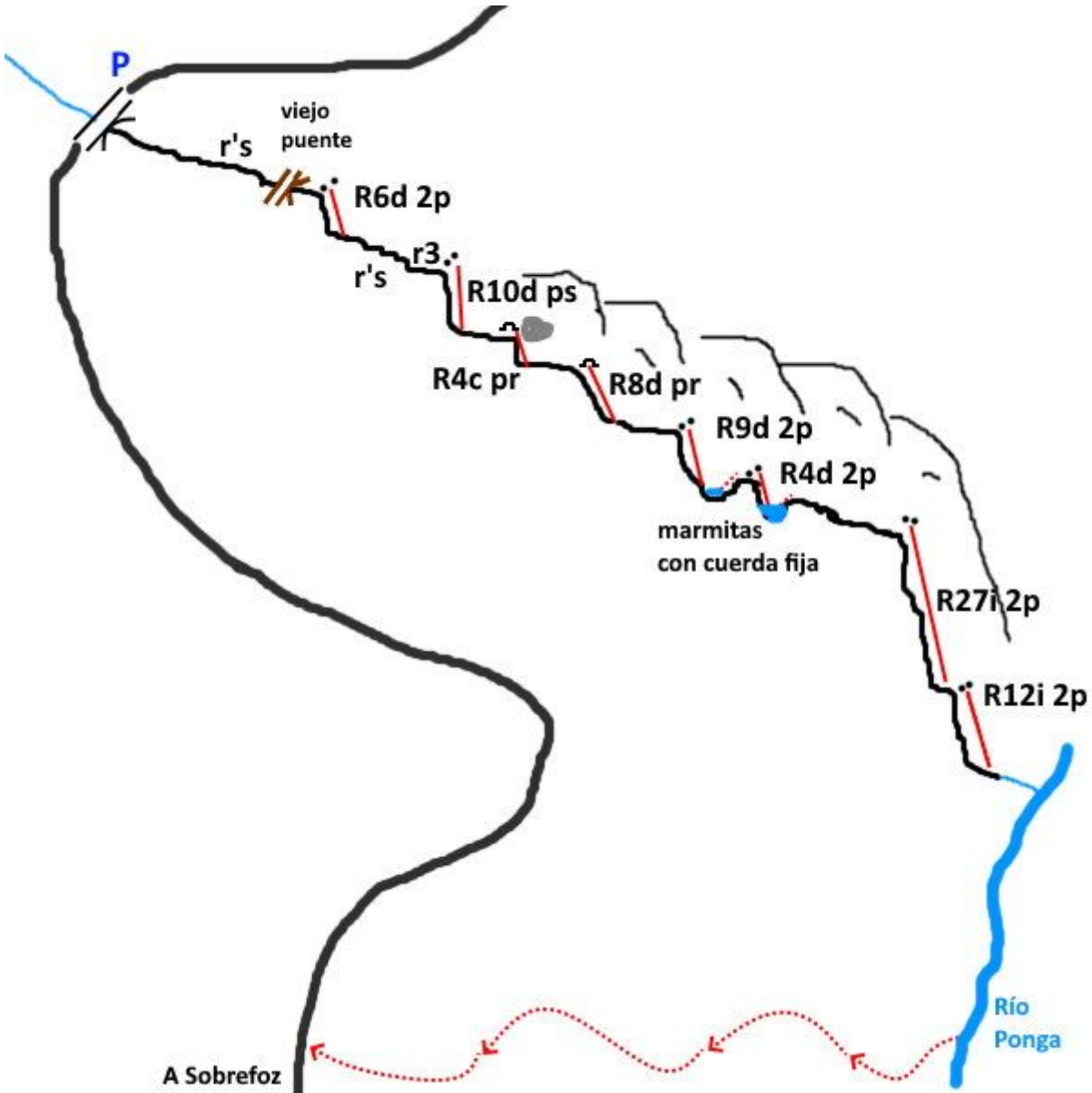
## Reports:

2024-06-16 | System User | |📖|📍| |

Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Hidrología, Acceso, Acceso, Recorrido, Regreso, Tiempo tour, Tiempo regreso, Rapel más alto, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de <https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:asturias:vallizon>

2023-03-09 | System User | |📖|📍| |

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