Cascade d Arcouzan

Info: The quality of this description has not been checked yet or was rated bad.
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Create: 2026-03-14 22:12:55	**Update:** 2026-03-14 22:12:55	**Print:** 2026-11-10 02:11:28
Country: France **Region:** Occitanie **Subregion:** Ariège **Town:**		
Difficulty: difficult	**Grading:** v5 a3 IV	**Total time:**
Approachtime:	**Tourtime:**	**Returntime:**
Altitude entry: m	**Altitude exit:** m	**Delta Altitude:**
Canyon length: 60m	**Highest rapell:** 55m	**Amount rapells:** 4
Transport:	**Rock type:**	**Drainage area:** km²
Season: June - August	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
Long access and short but beautiful descent at the foot of the lord of Couserans, Mt Valier. Only 4 rappels but the last one of 55m is worth the effort. This descent is not suitable for beginners. With high flow it can be very dangerous.

Hydrology: (machine translated)
None after the first rappel. Evaluate the flow from above and below.

Access: (machine translated)
To reach the parking lot, we are located in Saint Girons and go up the Salat river until we reach Oust and on the D3 we pass through Seix, Moilin Lauga and turn right to Couflens de Betmajou. We continue towards Estours and the small hydroelectric power station. We park in its parking lot.

Approach: (machine translated)
We follow the GR10 to the hut of l'Artigue, cross the stream and climb with the waterfall on the right. We continue climbing until we cross a stream where the trail turns right and crosses the stream. Here we enter the riverbed.

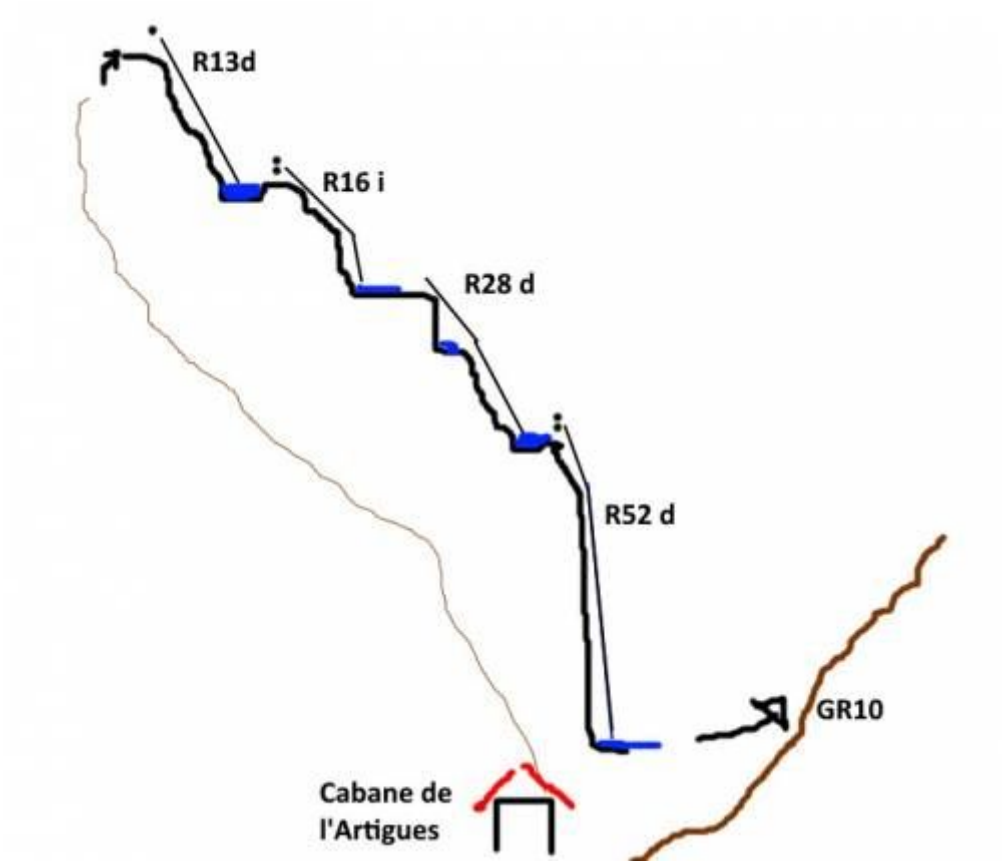
Tour: (machine translated)
4 rappels to save 100m of vertical drop. It is better to do it in the morning so that the sun enters because it is a quite cold descent.

Return: (machine translated)
We set off on the GR10 and retrace our steps.

Coordinates:

Reports:

2024-06-16 | System User | |🕮 |⚓ | |
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