

Trümmelbach V

Trümmelbach

Create: 2023-03-09 20:54:21	Update: 2025-11-17 10:06:15	Print: 2026-06-26 11:06:45
Country: Schweiz / Switzerland Region: Kanton Bern / Canton de Berne Subregion: Verwaltungskreis Interlaken-Oberhasli / Interlaken-Oberhasli administrative district Town: Lauterbrunnen		
Difficulty: difficult	Grading: v5 a5 V	Total time: 4h55
Approachtime: 50min	Tourtime: 4h	Returntime: 5min
Altitude entry: 1085m	Altitude exit: 825m	Delta Altitude: 260m
Canyon length: 470m	Highest rapell: 48m	Amount rapells:
Transport: on Foot	Rock type: limestone	Drainage area: 23.00km ²
Season: November - December	Orientation: Northwest	Best Time:
Rating: ★ 4.8 (13)	Info: ★ 1.5 (6)	Belay: ★ 1.7 (12)
Warnings: <i>Prohibition of fishing in Bern Case C</i> (yearly 01.01. - 15.07.) According to the fishing regulations of the Canton of Bern, this stretch of water may only be used from 16.07.- 31.12.		
Specialities: Glacier in drainage area, Winter canyon, § Regulated, Permit required,		
Gear: Ropes: 2x 55m Headlamp,		
Summary: (machine translated) Alpine, gloomy and watery glacier gorge. May only be climbed after prior reservation by telephone 0041 33 855 32 32 and in the period 15.11 - 15.12 and 10.01 - 15.03. Can be combined with Trümmelbach IV and/or Trümmelbach III by very fit groups.		
Hydrology:		
Access: (machine translated) Coming from Bern we leave the A8 via exit 25 - Wilderswil and take the road south to Lauterbrunnen. From there we continue towards Stechelberg. 3.3 km (calculated from the train station, parking garage) after Lauterbrunnen we come to the large parking lots at the restaurant Trümmelbach. Please do NOT park here, but continue for about 2km until you reach the large parking lots of the Stechelberg cable car on the left.		
Approach: (machine translated) On the road 25min back in the direction of the canyon (a post bus leaves every 30min), before you reach the tourist parking lot at the restaurant turn right onto an access road and continue on the hiking trail in the direction of Wengen. We come after many, partly secured serpentine to the bridge over the Trümmelbach (entry).		

Tour: (machine translated)

Just over 20 rappels in a mostly gloomy atmosphere, sometimes in complete darkness. Anchors mostly only monopoint.

At the highest waterfall there is an intermediate belay after about 35m RG behind the wall at head height.

Important! Letter of intent from October 2017 between Kaspar von Almen AG and the Swiss Mountain Guide Association SBV.

The most important points:

Canyoning is only permitted outside the operating and opening hours of the von Almen AG facility!

The von Almen AG facility is generally closed from November 15 to December 15 and from January 10 to March 15. Canyoning is permitted during these periods by prior arrangement.

Tours can only be arranged by telephone in advance on +41 33 855 32 32. This number provides information about the specific opening times and work on the gorge facilities.

The paths, footbridges, bridges and tunnels of von Almen AG may not be used. Emergency situations are reserved.

The exit from the canyon is only possible on the left-hand side of the stream (direction of flow) after the last waterfall.

The replacement of abseiling hooks is permitted. New installations may only be installed with the consent of von Almen AG.

The canyon is rated v5a5V and is therefore reserved for very experienced canyoneers!

Von Almen AG accepts no liability for accidents in connection with canyoning.

We ask all canyoneers to adhere strictly to the above points! In the event of non-compliance by individual persons, von Almen AG reserves the right to terminate the declaration of intent and to prohibit canyoning in the canyon.

Camping and parking in the area of the Trümmelbach Falls is prohibited.

Canyoneers are requested to use the parking lot at the cable car before Stechelberg!

Return: (machine translated)

Where we reach the wide streambed, out left and along the edge of the forest to the access path. Take this back to the road and continue to the car

Coordinates:

Canyon Start [46.5672 7.9179](#)

Parking Entry and Exit [46.5566 7.9017](#)

Canyon End [46.5698 7.9131](#)

Reports:

2025-12-13 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Trümmelbach V Top conditions. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22233/observations.html>)

2025-12-13 | System User | |📖|📍| |

Automatisch importiert von Schlucht.ch für Canyon Trümmelbach V, Wasserstand: "Mittel" Verankerungen: "Gut" Zustieg ohne Grödel möglich. Einige, neue Felsblöcke nach dem 7. Abseiler. Sonst perfekte Bedingungen. (Quelle: <https://schlucht.ch/schluchten-der-schweiz-liste/1067-truemmelbach>)

2025-12-13 | Bina |★★★★★👉|📖|📍★★|🌊 Normal |👍 Completed

Perfect conditions. No grödel necessary. Rock fall on the 7th rappel, but no problems. (machine translated)

2025-11-23 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Trümmelbach V There's already quite a bit of ice. Still beautiful and just about manageable without crampons, but already a bit of a chore. Take crampons for the approach. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22233/observations.html>)

2025-11-23 | System User | |📖|📍| |

Automatisch importiert von Schlucht.ch für Canyon Trümmelbach V, Wasserstand: "Mittel" Verankerungen: "Gut" Voranschreitende Eisbildung. Pools frieren langsam zu... (Quelle: <https://schlucht.ch/schluchten-der-schweiz-liste/1067-truemmelbach>)

2025-11-23 | Bina |★★★★★👉|📖|📍★★|🌊 Normal |👍 Completed

Already quite a lot of ice. Still beautiful and just about possible without grödel, but a bit tedious. Take grödel with you for the access. (machine translated)

2025-11-22 | Peisen |★★★★★👉|📖★|📍★★|🌊 Low |👍 Completed

Access in 20-30cm of fresh snow. Thinly iced outside the water flow, but the ice is not yet completely solid and can still be easily loosened. Especially the last three anchors are difficult to reach for small people. (machine translated)

2025-11-15 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Trümmelbach V Wassertemperatur 6 Grad (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22233/observations.html>)

2025-11-15 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Trümmelbach V Perfect conditions ;-) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22233/observations.html>)

2025-11-15 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Trümmelbach V (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22233/observations.html>)

2025-11-15 | System User | |📖|📍| |

Automatisch importiert von Schlucht.ch für Canyon Trümmelbach V, Wasserstand: "Mittel" Verankerungen: "Gut" Optimale Bedingungen! Warm, kein Eis, nur etwas Holz vor dem dunklen Teil. (Quelle: <https://schlucht.ch/schluchten-der-schweiz-liste/1067-truemmelbach>)

2025-11-15 | Bina |★★★★★👉|📖|📍★★|🌊 Normal |👍 Completed

Perfect conditions (machine translated)

2025-11-11 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Trümmelbach V Magnifique (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22233/observations.html>)

2025-11-10 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Trümmelbach V Magnifique Canyon mais un peu court L'équipement est OK (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22233/observations.html>)

Parts:

Trümmelbach I, v3 a2 III, 1h+2h+10min

Trümmelbach II, v4 a2 IV, 45min+1h+45min

Trümmelbach III, v3 a3 V, 20min+3h+30min

Trümmelbach IV, v5 a4 V, 1h+5h+45min

Trümmelbach V, v5 a5 V, 50min+4h+5min