La Poltrona

Riu Ischirtiore

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2025-09-08 15:49:30	**Update:** 2025-09-08 16:39:37	**Print:** 2026-11-12 02:11:50
Country: Italia / Italy **Region:** Sardegna **Subregion:** Nuoro **Town:** Dorgali		
Difficulty: a little difficult	**Grading:** v4 a1 II	**Total time:** 2h55
Approachtime: 1h	**Tourtime:** 1h40	**Returntime:** 15min
Altitude entry: 430m	**Altitude exit:** 200m	**Delta Altitude:** 230m
Canyon length: 400m	**Highest rapell:** 35m	**Amount rapells:** 7
Transport: on Foot	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 2 (1)

Specialities:

Gear:
Ropes: 2x50

Summary: (machine translated)
Dry canyon

Hydrology:

Access:

Approach: (machine translated)
From the parking lot, walk to the exit of the football pitch and climb up through the dry streambed parallel to the Poltrona. From an altitude of around 300-350 m, look for a small mountain pass on the left to reach the canyon. Most of the time you will be following goat paths.

Tour: (machine translated)
At the beginning it is quite flat, the notch becomes clearer and it gets steeper. The search for footholds is interesting because you end up further down in the climbing area.

Return: (machine translated)
Keep left on climbing paths back to the sports grounds

Coordinates:
Canyon Start 40.2853 9.6102
Canyon End 40.2831 9.6126
Parking Entry and Exit 40.2812 9.6175

Reports:

2026-01-01 | MirkoT | | | ★ ★ | Dry | Completed
The smooth descent of a group is reported. (machine translated)