# Cenza

Da Cenza,Barranco del Val Da Cenza

**Info: The quality of this description has not been checked yet or was rated bad.**
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

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|---|---|---|
| **Create:** 2024-06-05 22:46:39 | **Update:** 2026-03-14 22:05:18 | **Print:** 2026-11-10 02:11:28 |

**Country:** España / Spain **Region:** Galicia **Subregion:** provincia de Orense / Provincia de Ourense **Town:** Villarino de Conso

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|---|---|---|
| **Difficulty:** difficult | **Grading:** v5 a2 II | **Total time:** 2h50 |
| **Approachtime:** 40min | **Tourtime:** 2h | **Returntime:** 10min |
| **Altitude entry:** m | **Altitude exit:** m | **Delta Altitude:** |
| **Canyon length:** 310m | **Highest rapell:** 46m | **Amount rapells:** 6 |
| **Transport:** | **Rock type:** | **Drainage area:** km² |
| **Season:** June - August | **Orientation:** | **Best Time:** |
| **Rating:** ☆ 0 () | **Info:** ★ 0 () | **Belay:** ★ 0 () |

**Specialities:**

**Gear:**

**Summary:** (machine translated)
Nice waterfall of 66m, the rest is not much. We can follow the Couso riverbed (beautiful but without difficulties) or make a combination of cars going up to San Mamede.

**Hydrology:** (machine translated)
At almost any point

**Access:** (machine translated)
We have to go towards Vilarino de Conso. For it by the A52 we leave in A Gudiña and we will take direction Vilarino de Conso.
By OUR-CU-346 until we pass the dam, almost in Entrecinsa, here we turn left towards Edrada. We will follow this road until almost Edrada.
1.- If we have two cars and we want to leave in San Mamede, just before arriving at Edrada when we cross the Couso river on the orographic left, there is a road on the right to San Mamede, after 200m we turn left and continue to the village, we pass it and after the left curve there is a track on our left going down to the river. We park the access car.
2.- If we are not going to make a combination of cars, or with the access car, we will continue to Edrada and park.

**Approach:** (machine translated)
We will leave by the remains of a track heading NW, uphill, in Maps is marked as "Mirador fervenza de Edrada". We will follow this track until a very closed left fork just in front of San Mamede (on the other side of the valley), we leave this track and go straight towards the viewpoint, we pass it and now with the reference of the waterfall, we continue above this waterfall until the "path" crosses the stream.

**Tour:** (machine translated)
A couple of small rappels of 10m to reach the large waterfall of 66m (rope needed to overcome it min of 72m), after this slides, skills and a couple of small rappels.
When arriving at the Couso river we can continue doing aquatic canyoning, without great difficulties but with an enviable environment.

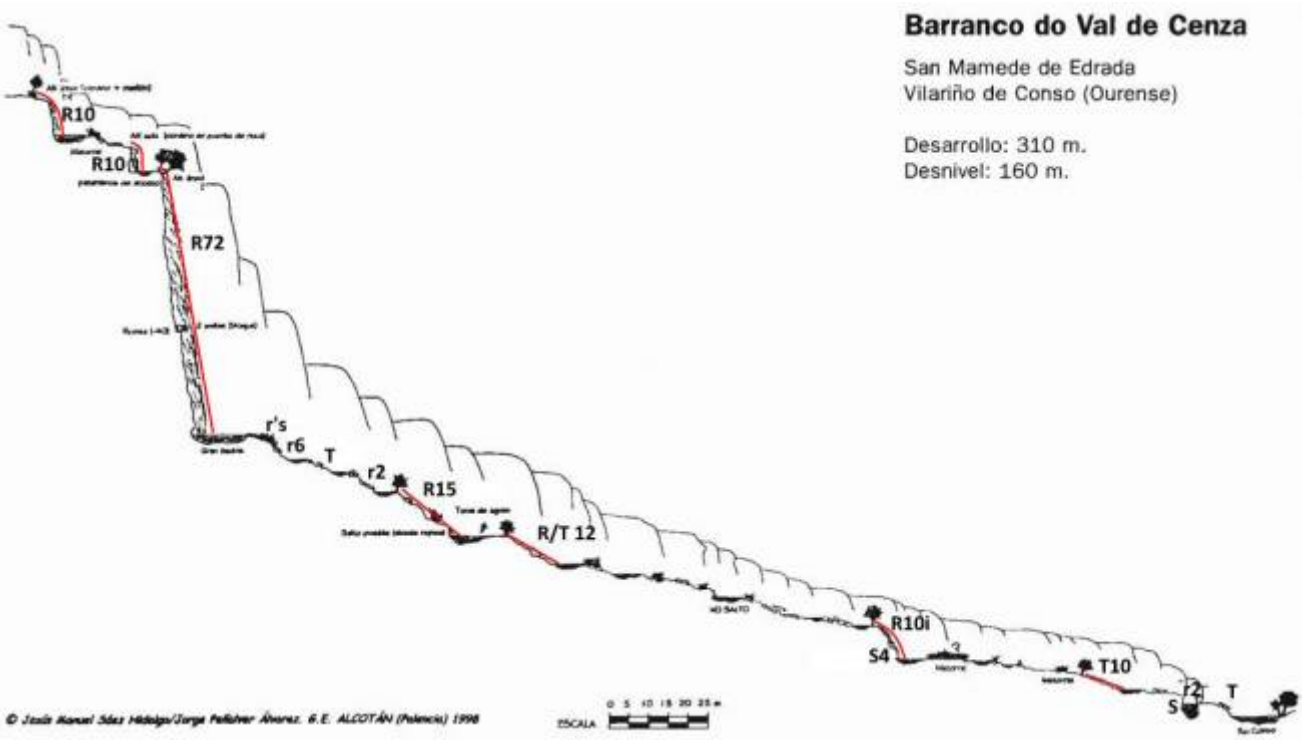
**Return:** (machine translated)
With a combination of cars, when we get to the Couso we cross it and go up that slope to take the track on the other side, we go up to the return car.
If we follow the river to Edrada

**Coordinates:**
Canyon Start 42.1489 -7.2347

**Reports:**

2024-06-16 | System User | |🕮 |⚓ | |
Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Hidrología, Acceso, Acceso, Recorrido, Regreso, Tiempo acceso, Tiempo regreso, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:ourense:val_cenza

2023-03-09 | System User | |🕮 |⚓ | |
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