Ta'ab

Wadi Ta'ab, Wadi Fins,Ta'ab,Wadi Ta'ab,Wadi Fins

Create: 2023-03-09 20:55:25	**Update:** 2023-11-23 11:19:04	**Print:** 2026-11-10 02:11:28
Country: عمان / Oman **Region:** محافظة جنوب الشرقية / Ash Sharqiyah South **Subregion:** **Town:** Fins		
Difficulty: a little difficult	**Grading:** v4 a3 IV	**Total time:** 5h10
Approachtime: 10min	**Tourtime:** 4h	**Returntime:** 1h
Altitude entry: 490m	**Altitude exit:** 380m	**Delta Altitude:** 110m
Canyon length: 1200m	**Highest rapell:** 50m	**Amount rapells:**
Transport: Car optional	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:** Northeast	**Best Time:**
Rating: ☆ 3.7 (5)	**Info:** ★ 2 (1)	**Belay:** ★ 1.3 (3)

Specialities:

Gear:

Summary: (machine translated)
Canyon for rappel, downclimb and swim

Hydrology:

Access: (machine translated)
From Muscat about 145 km on the highway "17" in the direction of Sur (south). At the Fins exit we leave the highway, but not towards Fins, but towards the mountains and Wusal. We now drive 8.6 km and come to the houses of Al Marfas (this is the second settlement on the left of the dirt road above the canyon). Here we park our (possibly first) car.
With the second car (or on foot) we continue for another 1.1 km, where a dirt road branches off to the left. You can drive on this track until just before the village of Ta'ab, the last part is steep, stony and close to the abyss (4x4 necessary).

Approach: (machine translated)
We cross the wadi in front of us via an old first and then take the path on the other side up to the yoke. From the yoke you can look down into the Wadi Ta'ab and we take the old path that leads us - sometimes barely recognizable - down to the abandoned village of Ta'ab. Here we enter the riverbed.

Tour: (machine translated)
At first, hiking and downclimbing are the order of the day until we come to the first rappel (50 m). The block from which you rappel into the pot is reached from the left shoulder of the rock. Attach the rope to the small tree at the top. At the bottom we stand in a huge Marmita trampa. The first climber climbs out of it with the help of a few anchors and a chain, allowing the next climber to make an exit with rope assistance. This is followed by the 2nd rappel (35 m) onto a small ledge above the pool (jumping is possible from here), then 3 smaller ones (about 10 m each). Swim, slide and jump several times. We then see a natural "tunnel" at the top left and have now reached the first exit option.
You can also descend the wadi a little further (about 3 hours) to the abandoned village of Harima. Here you can take a look at a cave opening. From Harima, we follow a water pipe that finally exits the wadi. Here we look for the exit to the road on the left. If you want to take this route, you have to park the lower car just 7.1 km after the highway at a dirt road on the left.

Return: (machine translated)
200 m of climbing - approx. 60 vertical meters - (up to 3+) await us, anchors for securing are available. In 2020, there was also a fixed rope at the steepest point. It makes sense for the lead climber to place a handrail using carabiners or quickdraws on the somewhat exposed passages. Then we are back at the top by the houses and our car.

Coordinates:
Canyon Start 22.8897 59.1492
Parking at Entry 22.8948 59.1448
Parking at Entry 22.8908 59.1479
Parking at Exit 22.8965 59.1525
Canyon End 22.8947 59.1535

Reports:

2025-11-21 | Joey CIA | ☆ ☆ ☆ |🕮 |⚓ ★ | ≋ Low | 👍 Completed
Nice clear water, stands all ok, comfortable through in 2hrs exit well set up were back at the car in 30 mins. (machine translated)

2025-04-19 | System User | |🕮 |⚓ | ≋ Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Ta'ab A very nice canyon. For us much nicer than Tiwi.The water was also cleaner than in Tiwi.It's good possible with one car. The way back is easy with the via ferrata. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23154/observations.html)

2025-04-19 | Bina | ☆ ☆ ☆ ½ |🕮 |⚓ ★ | ≋ Low | 👍 Completed
We liked the Taab much better than Tiwi. The water quality was also better. We did the tour by car, which we parked at the exit. 45min outward journey. The way back is now well secured and you can be back at the car in 30 minutes. Experienced canyonists need about 2 hours for the canyon. (machine translated)

2023-03-09 | System User | ☆ ☆ ☆ ☆ |🕮 |⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von https://www.descente-canyon.com/canyoning/canyon/23154

2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/TaabCanyon.html

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2020-02-25 | GeorgB | ☆ ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ | ≋ Low | 👍 Completed
On the new road to the parking lot above the village where we first had to find a place to park, because there was a guided tour in front of us, which drove here with 4 off-road vehicles. The gorge itself is very beautiful, you can get out via the first dry basin using a sturdy chain. High jump (16m) in the middle of the gorge. The way back was secured with a fixed rope, climbing difficulty max. II (machine translated)