

# Ruisseau de Calahoure Sup e Inf

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**Create:** 2026-03-14 22:16:31

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**Country:** France **Region:** Occitanie **Subregion:** Haute-Garonne / Upper Garonne **Town:**

**Difficulty:** difficult

**Grading:** v5 a2 l

**Total time:** 4h50

**Approachtime:** 2h

**Tourtime:** 2h

**Returntime:** 50min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** m

**Highest rapell:** 55m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** June - November

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

Canyon with two parts, the upper one starting at 2000m altitude more alpine and the lower one at 1700m with the Calahoure waterfall much more aquatic. Difficult to link both parts because it is a really long day.

**Hydrology:** (machine translated)

In the upper part, the simpler ones are fattened in sections. In the lower part more complicated

**Access:** (machine translated)

From the Val d'Aran on the N230, or from France on the N125 and turn off at Chaum on the D125 to Bagnères de Luchon. Also from Bossot by the N141 by the col du Portillon.

Location of the Coume and Calahoure canyons

Arriving at Saint Mamet take the D125 to SuperBagnères and Valle du Lys. Turn right on the D46 following the Vallée du Lis and a little further on turn left (Superbagnères on the right) following the Vallée du Lis and the Cascade d'Enfer. We arrive at a parking lot.

**Approach:** (machine translated)

Access bcos Coume Sup/Inf and Calahoure Sup/Inf

By the GR we will go up towards the Coume hut.

For the upper part we will continue towards the Col de Pinata. At about 1900m we have a crossroads and we will go to the right to the Lacs de Grauès and Vert. After passing the Lac de Grauès we will arrive at the Lac Vert and we will go to the right to start the descent.

For the lower part in the hut we will go to the right, we will pass the first footbridge (Coume) and a few meters we have the second where we enter.

**Tour:** (machine translated)

Alpine descent, very slippery and with great scenic beauty. You can combine the two parts starting very early in the day.

Caution with the flows in this area, in spring they are usually very high due to thaws.

**Return:** (machine translated)

From the upper part, at the footbridge we will turn right towards the hut.

From the lower part after the Calahoure waterfall to the right to the GR of ascent.

**Coordinates:**

**Reports:**

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2024-06-16 | System User | |📖|📍| |

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