Rego de Guilán

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2026-03-14 22:15:56	**Update:** 2026-03-14 22:15:56	**Print:** 2026-11-10 02:11:39
Country: España / Spain **Region:** Galicia **Subregion:** provincia de Lugo **Town:**		
Difficulty: not as difficult	**Grading:** v3 a1 I	**Total time:** 1h20
Approachtime: 15min	**Tourtime:** 1h	**Returntime:** 5min
Altitude entry: m	**Altitude exit:** m	**Delta Altitude:**
Canyon length: 500m	**Highest rapell:** 23m	**Amount rapells:** 7
Transport:	**Rock type:**	**Drainage area:** km²
Season: January - December	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
Simple canyon, of initiation, short rappels, very fast access and almost immediate return, to combine with some other in the area. In summer it can dry out, it has a very small basin.

Hydrology:
Sí

Access: (machine translated)
It is necessary to be located in Xove, we will go towards O Cruceiro by the LU862, at the height of the p.k 93, in front of the polygon we can park on a track next to the stream.
We can also continue to O Cruceiro and turn left, 100m before the right turn we turn left and park.

Approach: (machine translated)
On both sides of the creek there are trails that go up the creek above the waterfall, we enter at the height of the high tension tower.

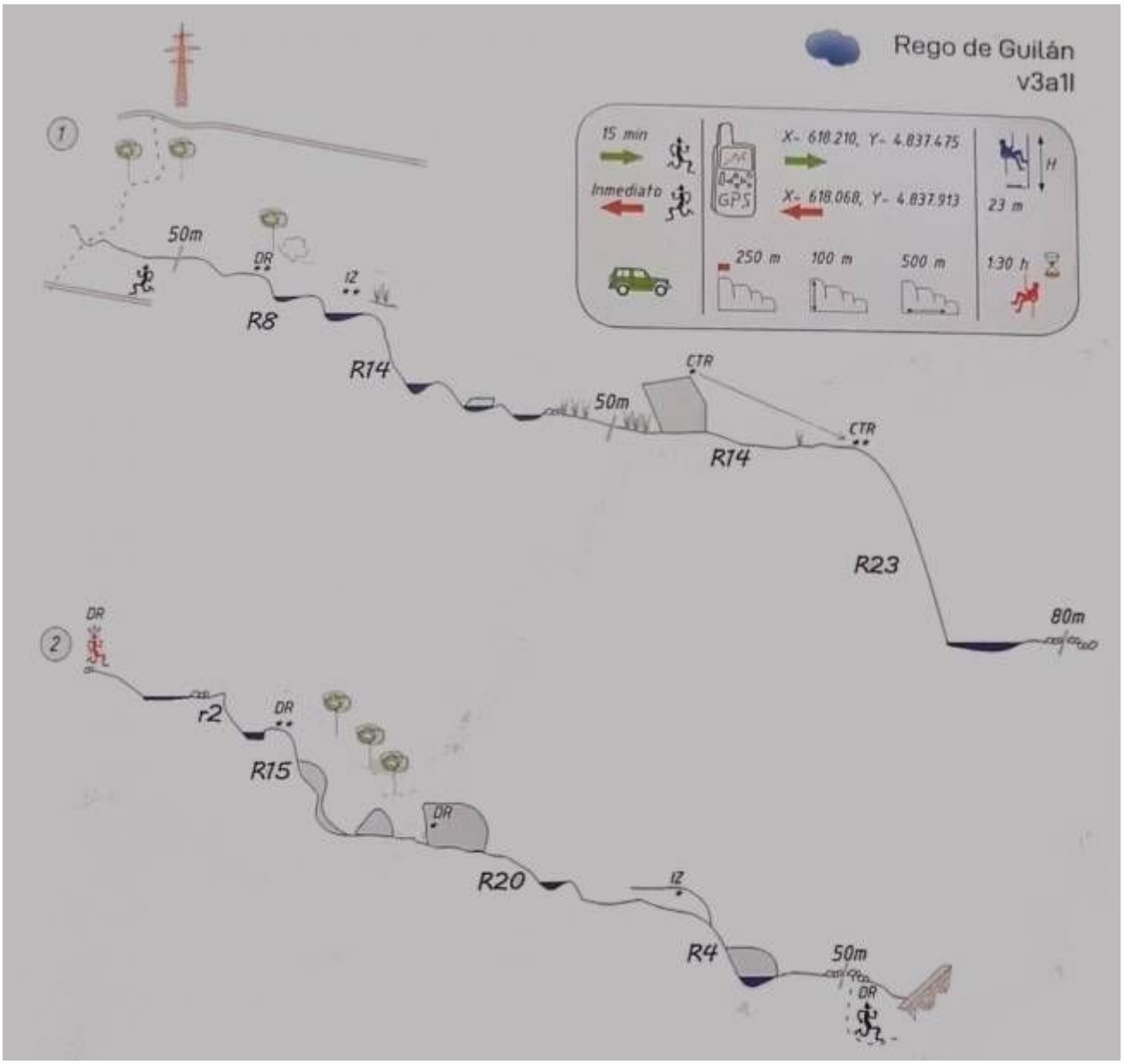
Tour: (machine translated)
Simple and usually with very little water

Return: (machine translated)
After the last waterfall we will be able to exit on both sides depending on where we have parked.

Coordinates:
Canyon Start 43.6849 -7.5453
Canyon End 43.6849 -7.5447

Reports:

2024-06-16 | System User | |🕮 |⚓ | |
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