Stefani

Create: 2023-06-07 21:25:00	**Update:** 2023-10-14 09:16:30	**Print:** 2026-11-10 02:11:17
Country: Ελλάδα / Greece **Region:** Περιφέρεια Πελοποννήσου / Peloponnese **Subregion:** Περιφερειακή Ενότητα Κορινθίας / Corinthia Regional Unit **Town:** Δήμος Κορινθίων / Dimos Corinth		
Difficulty: not as difficult	**Grading:** v3 a1 II	**Total time:** 3h5
Approachtime: 10min	**Tourtime:** 2h30	**Returntime:** 25min
Altitude entry: 590m	**Altitude exit:** 370m	**Delta Altitude:** 220m
Canyon length: 1600m	**Highest rapell:** 30m	**Amount rapells:** 4
Transport: Car optional	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:** South	**Best Time:**
Rating: ☆ 1.7 (3)	**Info:** ★ 2 (1)	**Belay:** ★ 3 (2)

Specialities:

Gear:
Ropes: 2x40m

Summary: (machine translated)
Generally dry canyon and therefore not particularly attractive, long running routes with downclimbs on the way in and out.

Hydrology:

Access: (machine translated)
from Corinth to Prosimna to the parking lot for the exit:
https://www.google.de/maps/dir/37.912633,22.9065855/37.7246378,22.8492462/@37.8058786,22.7430891,32933m/data=
the gray route is not suitable for 2WD cars
Conversion: this conversion route is not suitable for 2WD vehicles:
https://www.google.de/maps/dir/37.7288834,22.8522494/37.7445108,22.8593954/@37.7355142,22.8588547,812m/data=
This is why Van den Berge offers a relatively long route via Prosymna-Limnes and Agionori in his book.
Access on foot therefore seems more practical, see "Access" below

Approach: (machine translated)
From the parking lot for the exit, continue up the bad slope. When you reach the parking lot for access, turn left at an acute angle. First down the dirt road where the path exits, keeping left to the streambed (entry).
Leaving the slope to the left, an inconspicuous path leads upwards, which later reaches the slope again.

Tour: (machine translated)
First we have to walk and downclimb in the dry streambed (over 30 minutes) before we reach the 1st rappel. This is followed by 4 rappels, 2 of which exit in a Marmita Trampa. Both dry pools can be climbed around on the right. This is followed by another 15 to 20 minutes of walking and downclimbing until we find an exit to the left up the bank.

Return: (machine translated)
On the left high bank we descend pathlessly through the bushes parallel to the streambed until we see our car on the left for the exit.

Coordinates:
Parking Entry and Exit 37.7289 22.8525
Parking at Entry 37.7445 22.8594
Canyon Start 37.7439 22.8562
Canyon End 37.7336 22.8530

Reports:

2024-04-23 | Bina | ☆ ☆ |🕮 |⚓ | ≋ Dry | 👍 Completed
If you like dry gorges, this one is quite pretty. (machine translated)

2024-04-23 | Patrik Bartel | ☆ ☆ |🕮 ★ |⚓ ★ ★ ★ | ≋ Dry | 👍 Completed
Beautiful dry canyon, with water this one must be superiore. (machine translated)

2023-05-18 | Wolfgang Streicher | ☆ |🕮 |⚓ ★ ★ ★ | ≋ Dry | 👍 Completed
Makes sense only with water throughput, especially in view of the effort involved. Pleasant was only the descent with a French group from Montpellier/Chambery. (machine translated)