

# Caraoucou

Cascades de Caraoucou, Ruisseau de Sém

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> + <i>New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2023-11-20 21:16:10	<b>Update:</b> 2026-03-14 22:13:05	<b>Print:</b> 2026-06-27 04:06:44
<b>Country:</b> France <b>Region:</b> Occitanie <b>Subregion:</b> Ariège <b>Town:</b> Val-de-Sos		
<b>Difficulty:</b> a little difficult	<b>Grading:</b> v4 a2 II	<b>Total time:</b> 1h20
<b>Approachtime:</b> 15min	<b>Tourtime:</b> 1h	<b>Returntime:</b> 5min
<b>Altitude entry:</b> 830m	<b>Altitude exit:</b> 710m	<b>Delta Altitude:</b> 120m
<b>Canyon length:</b> 150m	<b>Highest rapell:</b> 55m	<b>Amount rapells:</b> 2
<b>Transport:</b> on Foot	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b> January - December	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 2.3 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Specialities:</b>		
<b>Gear:</b>		
<b>Summary:</b> (machine translated) In the stream of Sem we find this nice and short descent to complete with any other in the area. Only two waterfalls in a lush and very beautiful environment.		
<b>Hydrology:</b> - TODO -		
<b>Access:</b> (machine translated) Take the N20 from Foix to Tarascon-sur-Ariège. We cross it and at the traffic circle we turn right on the D8 to Vicdessos. Almost arriving (1km approx) there is a detour on the right hand side to Arconac and Orus. Park here or 50m to the left there is space.		
<b>Approach:</b> (machine translated) We cross the road and go up the path that meanders towards the headwaters of the stream. When we pass the waterfalls we get into the creek.		
<b>Tour:</b> (machine translated) Nothing more can be added. Two long rappels of 55m and 42m from trees in two beautiful waterfalls.		
<b>Return:</b> (machine translated) On the way up		
<b>Coordinates:</b> Canyon Start <a href="#">42.7728 1.5158</a> Canyon End <a href="#">42.7735 1.5147</a> Parking Entry and Exit <a href="#">42.7748 1.5138</a>		
<b>Reports:</b>		
2024-06-16   System User    📖 📍    Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Resumen, Hidrología, Acceso, Acceso, Recorrido, Regreso, Cantidad rapells, Temporada start, Temporada end, Ruta GPS, Topografía de <a href="https://www.docuwiki.infobarrancos.es/doku.php?id=barrancosfra:ariego:caraoucou">https://www.docuwiki.infobarrancos.es/doku.php?id=barrancosfra:ariego:caraoucou</a>		
2023-03-09   System User    ★ ★ 📖 📍    Daten importiert von <a href="https://www.descente-canyon.com/canyoning/canyon/2484/Caraoucou.html">https://www.descente-canyon.com/canyoning/canyon/2484/Caraoucou.html</a>		