

# Stenovouni

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**Create:** 2024-06-05 22:39:59

**Update:** 2025-06-27 21:57:44

**Print:** 2026-06-27 12:06:15

**Country:** Ελλάδα / Greece **Region:** Περιφέρεια Στερεάς Ελλάδας / Central Greece **Subregion:** Περιφερειακή Ενότητα Φθιώτιδας **Town:** Λαμία

**Difficulty:**

**Grading:** v? a? ?

**Total time:**

**Approachtime:**

**Tourtime:**

**Returntime:**

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** m

**Highest rapell:** m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 3.3 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:**

Rohdaten Import von Ropewiki <https://ropewiki.com/Stenovouni>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

Canyon Start [38.8678 22.3481](#)

**Reports:**

2023-03-09 | System User | ★ ★ ★ | 📖 | 📍 | |

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