

Fria

Canal de Valfría

Info: The quality of this description has not been checked yet or was rated bad.

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Create: 2024-06-05 22:48:44

Update: 2026-03-14 22:11:00

Print: 2026-03-28 04:03:46

Country: España / Spain **Region:** Cantabria **Subregion:** Cantabria **Town:** Cabuérniga

Difficulty: not as difficult

Grading: v3 a3 III

Total time: 2h45

Approachtime: 40min

Tourtime: 2h

Returntime: 5min

Altitude entry: m

Altitude exit: m

Delta Altitude:

Canyon length: 1500m

Highest rapell: 25m

Amount rapells: 6

Transport:

Rock type:

Drainage area: km²

Season: January - December

Orientation:

Best Time:

Rating: ★ 0 ()

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)

Beautiful canyon in the middle of a very humid forest, full of ferns, mosses, ... (an environment to take care of). Two rappels of 22-25m are the great difficulties of this canyon. Very frequented lately by companies

Hydrology: (machine translated)

Difficult escapes due to the amount of brush we will encounter.

Access: (machine translated)

We must arrive to Fresneda, for it in the A8 or N634, at the height of Cabezón de la Sal, we will look for the detour of the CA180 direction Cabuérniga, until arriving to Valle.

Once in Valle, take the CA280 towards Reinosa until you reach Fresneda. We pass through the village and a few hundred meters ahead we will find a smooth left curve that has a small road on the right. From here there is a track that goes up the Valfría stream. We park the car to return.

If we have an access car we follow the track upwards, we pass two areas of curves and we find a smaller track that goes down to the left, next to a house. We park here.

Approach: (machine translated)

With a car you have to go up the track.

Once on the track that goes down to the stream, just follow it.

Tour: (machine translated)

Quite wide, with abundant water and a lush environment. It has several rappels that with abundant flow can be difficult, with a normal flow is a canyon to enjoy and even to take a novice.

Return: (machine translated)

About 300m after the last waterfall we will find a path on the right, this path then passes to the left to go up to the track where we parked.

Coordinates:

Canyon Start [43.1685 -4.3122](#)

