Cascade de Seris

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2026-03-14 22:12:59	**Update:** 2026-03-14 22:12:59	**Print:** 2026-11-10 02:11:33
Country: France **Region:** Nouvelle-Aquitaine **Subregion:** Pyrénées-Atlantiques **Town:**		
Difficulty: a little difficult	**Grading:** v4 a2 II	**Total time:** 3h20
Approachtime: 1h	**Tourtime:** 2h	**Returntime:** 20min
Altitude entry: m	**Altitude exit:** m	**Delta Altitude:**
Canyon length: 500m	**Highest rapell:** 45m	**Amount rapells:** 6
Transport:	**Rock type:**	**Drainage area:** km²
Season: March - November	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
Also known as Ravin de Sieste. Simple descent to the waterfall, a descent of 45 m that we can split to improve the recovery of ropes. Perfect when the rest of the ravines in the area are over watered.

Hydrology:
Si

Access: (machine translated)
We have to go to Laruns.
To do this, if we go through the Portalet, we will continue on the D934 to Laruns.
If we go from Pau, we will take the N134 and in Gan the D934.

Approach: (machine translated)
We will leave by the track that goes up to the Granges de Lars, after passing them there is a bridge over the creek, time to access

Tour: (machine translated)
A first part of short rappels and slides leads us to a chaos of blocks, soon we receive a stream on the right to reach the vertical

Return: (machine translated)
After the waterfall, turn right onto the path used by tourists to see the waterfall, from there to the village.

Coordinates:

Reports:

2024-06-16 | System User | |🕮 |⚓ | |
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