Val d'Anguire

Valonge,Angouire

Create: 2023-03-09 20:50:40	**Update:** 2025-08-01 20:58:43	**Print:** 2026-11-10 02:11:30
Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-de-Haute-Provence **Town:** Moustiers Sainte-Marie		
Difficulty: not as difficult	**Grading:** v3 a2 III	**Total time:** 6h
Approachtime: 1h40	**Tourtime:** 3h30	**Returntime:** 50min
Altitude entry: 840m	**Altitude exit:** 600m	**Delta Altitude:** 240m
Canyon length: 4000m	**Highest rapell:** 20m	**Amount rapells:** 11
Transport: on Foot	**Rock type:** limestone	**Drainage area:** km²
Season:	**Orientation:** West	**Best Time:**
Rating: ☆ 3.8 (3)	**Info:** ★ 2 (1)	**Belay:** ★ 3 (1)

Specialities:

Gear:
Ropes: 1x40m

Summary: (machine translated)
Varied rappel and hiking canyon, in summer without water flow in the first 3 of 4 parts

Hydrology:

Access: (machine translated)
From Castellane (on the Verdon, on the Route Napoleon) on the D 952 via La Palud-sur-Verdon to Moustiers-Sainte-Marie (approx. 45 km). In the village, drive to the uppermost paid parking lot.
Parking entry: Return to the village and take the D952 towards Riez. After two hairpin bends, a road branches off to the right towards Venascle. Follow the narrow asphalt road for 10km to the Venascle campsite, then soon take the sand road towards Ravin de Burrillon. Parking is available after the bridge over the mostly dry stream.
Parking exit

Approach: (machine translated)
Follow the marked path into the Val d'Anguire.
Alternatively, you can ascent from the lower parking lot via the Voie Romaine to the upper parking lot in about 1.5 hours. See photo 2.

Tour: (machine translated)
At the beginning river walk, then relatively open canyon with a series of easy rappels. With sufficient water flow there are some possible jumps. However, the pools are often shallower than expected. Then "La Poire" an underground hall, the most attractive passage. After a few more rappels, the canyon opens up and productive karst springs turn the Valonge into a stream.

Return: (machine translated)
Where the Venascle dry canyon joins from the right, cross the Venascle at the bottom, climb steeply up the opposite slope in a northerly direction and then return to Moustier on a path that is not always clearly visible (see photo 1 - purple or photo 2 - dashed red). The path is well marked with colored dots and secured with ropes where necessary.
The original path further down along the stream (marked in green at Cicarudeclan) is now prohibited.

Coordinates:
Canyon Start 43.8312 6.2573
Canyon End 43.8320 6.2352
Parking at Entry 43.8349 6.2607
Parking at Exit 43.8455 6.2231

Reports:

2026-03-04 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire Petit filet au départ, puis sec sur 200 m, reprise d'un bon petit débit bien avant la Poire, belles conditions donc !! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2026-02-27 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire Très belle conditions, équipements OK, Le débit devrait rester stable encore quelques jours .. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2026-02-27 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire Très très beau ! Quel plaisir après le boulot. Fait à 4 en 2h05 sous un beau ciel bleu. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2026-02-21 | System User | |🕮 |⚓ | 〰 High | 👎 Not done
Automatisch importiert von Descente-Canyon.com für Canyon Angouire Bon débit après la résurgence (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2026-02-14 | System User | |🕮 |⚓ | 〰 Crazy | 👎 Not done
Automatisch importiert von Descente-Canyon.com für Canyon Angouire A l'arrivée de Vénascle... (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2025-10-26 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire Avant la résurgence, globalement sec, un peu d'eau dans quelques vasques, dont une ou il est possible de sauter prudemment.Aprés la résurgence l'eau coule, quelques petits sauts possibles. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2025-08-06 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2025-06-11 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2025-05-31 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire L'eau ne coule qu'à partir de la deuxième partie. Tout est sec sur la première partie. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2025-05-31 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire Sec sur la 1ere partie avec qq vasques encore bien remplies et propres. Un peu d'eau sur la 2ème partie.Très bien équipé. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2025-05-31 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2025-05-31 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire Quelques vasques dans la première partie mais l'eau ne coule pas. Cela coule encore sur la deuxième partie avec quelques sauts possible (après vérifications d'usage). Équipements RAS (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/277/observations.html)

2025-05-27 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Angouire Petit filet au début qui se perd avant les