

# Torrente de l Arija Sup

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**Create:** 2026-03-14 22:19:08

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**Country:** España / Spain **Region:** Cataluña / Catalunya **Subregion:** provincia de Gerona / Provincia de Girona  
**Town:**

**Difficulty:** not as difficult

**Grading:** v3 a3 II

**Total time:** 1h45

**Approachtime:** 5min

**Tourtime:** 1h

**Returntime:** 40min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** 1000m

**Highest rapell:** 16m

**Amount rapells:** 5

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** September - May

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

Short, simple and when it carries water, interesting descent. In some guides they speak of the complete descent to the road bridge but we consider that it is more interesting to make only this part, in which it is not necessary to combine cars and thus to be able to combine with some other in the area.

If we want to do it with good flow it is better to avoid the summer.

**Hydrology:**

Si

**Access:**

Por la C16 por Berga a Guardiola de Berga o por la C17 a Ripoll y la N260 a Campevanol. En ambas opciones por la B402-Gi402 que une las localidades de Campdevanol y Guardiola.

A 8kms de Campevanol tenemos Gombrèn y desde aquí 2,6 kms hasta una curva a izquierdas en un puente en el que sale a la derecha una carretera a Castellar de n'Hug y Montgrony. Remontamos este bonito valle en la cara sur del Cadí hasta el desvío (izquierda Castellar y derecha Montgrony), seguimos por la izquierda hacia Castellar. Pasaremos por el Castell de Mataplana hasta el Refugio y collado de la Espluga. Justo en el collado hay una curva de 90º a derecha, aquí tenemos 3 opciones.

1.- Nos metemos por la pista que sale de frente y aparcamos por aquí.

2.- Seguimos la pista de frente durante 1 km hasta un claro en el que podremos aparcar (tenemos la salida del barranco allí abajo).

3.- Seguir hacia la cabecera.

Si seguimos por la carretera o tenemos dos coches continuaremos hacia Castellar durante 2kms hasta una curva de derechas de casi 90º que tiene un apartadero a la izquierda desde el que vemos marcas que nos bajan al río

**Approach:** (machine translated)

From the upper parking lot it is direct by the marks towards the river.

From the lower parking lots we have to go up to the road and follow it until the curve indicated.

**Tour:** (machine translated)

Entertaining descent although without much entity, a first rappel without much to enter a walking area. Then, we have a succession of slides and chutes to reach the

to reach the final part where we have the R3 and R4 that can be chained and the R5 of 16m which is the longest.

**Return:** (machine translated)

After this rappel we will leave to the left by the Empriuget stream, we go up it a few meters and on its orographic right there is an old track that would take us up to the curve of the road. If we have the car on the track we will have to cross the stream and look for a place to go up the forest to the track.

If we have the car up we will be able to look for, by the orographic right of the creek, the best way to go up to the meadows bordering the road and from there to follow it up to the car.

**Coordinates:**

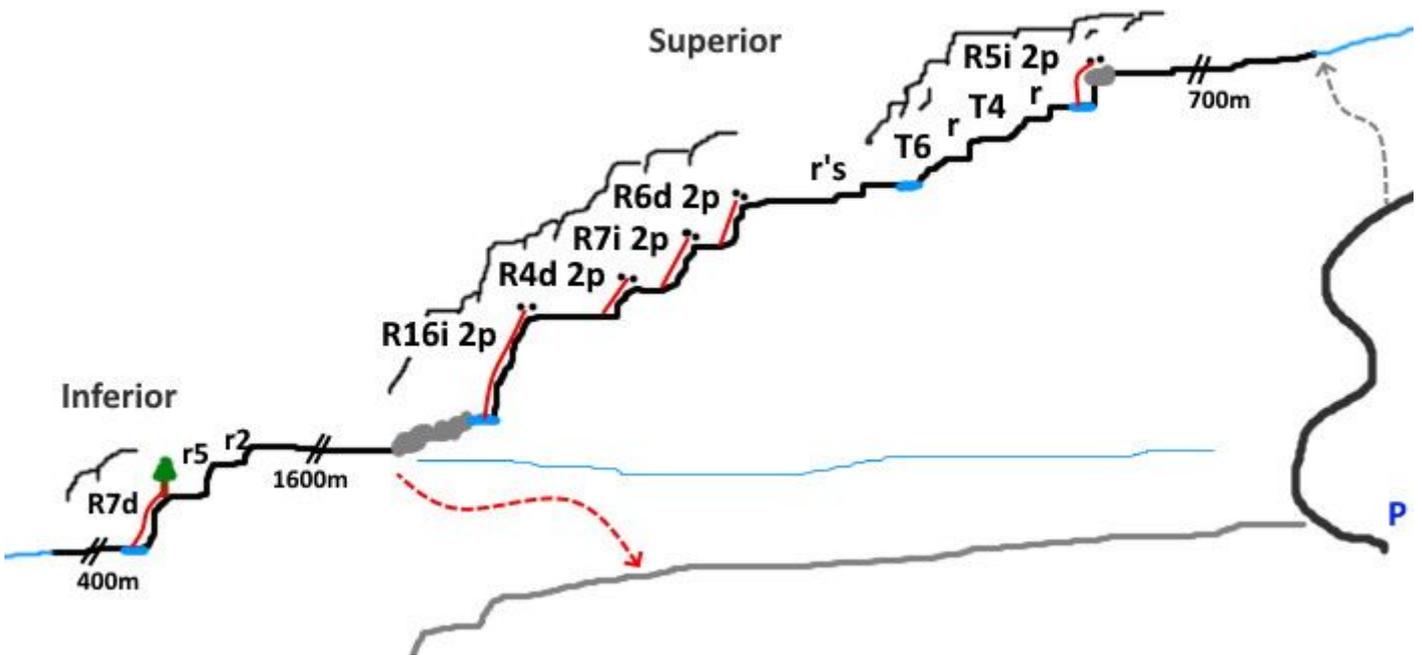
Canyon Start [42.2618 2.0712](#)

Canyon End [42.2589 2.0421](#)

**Reports:**

2024-06-16 | System User | |📖|📍| |

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