

# Proacina

Barranco de Proacina

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2024-06-05 22:46:23	<b>Update:</b> 2026-03-14 22:11:18	<b>Print:</b> 2026-03-28 04:03:35
<b>Country:</b> España / Spain <b>Region:</b> Asturias, Principado de / Principality of Asturias <b>Subregion:</b> Asturias <b>Town:</b> Proaza		
<b>Difficulty:</b> easy	<b>Grading:</b> v2 a2 l	<b>Total time:</b> 1h15
<b>Approachtime:</b> 10min	<b>Tourtime:</b> 1h	<b>Returntime:</b> 5min
<b>Altitude entry:</b> m	<b>Altitude exit:</b> m	<b>Delta Altitude:</b>
<b>Canyon length:</b> 1000m	<b>Highest rapell:</b> 8m	<b>Amount rapells:</b> 4
<b>Transport:</b>	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b> September - May	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 0 ()	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Specialities:</b>		
<b>Gear:</b>		
<b>Summary:</b> (machine translated) Also known as Reguero de las Bárceñas, it is a simple canyon with only 4 rappels and quite a lot of dexterity, in the rainy season it gets too heavy, the rest of the time it is a very simple canyon. The downside is the amount of garbage that people throw into the riverbed.		
<b>Hydrology:</b> (machine translated) Yes, most rappels could be avoided.		
<b>Access:</b> (machine translated) We have to go towards Proaza, for this we will take the AS-228. After passing through Trubia, Tuñon and Villanueva, we arrive at Proaza and continue along the AS-228. When leaving, after the left curve, before p.k. 15, we have the detour on the right to Proaza. 15, we have the detour to the right to Proacina and Bandujo. We get into this little road and before the bridge over the stream we can park on that part of the road.		
<b>Approach:</b> (machine translated) We will continue to the bridge, there is a track on the right where we can go down to the riverbed.		
<b>Tour:</b> (machine translated) Easy except when under load, some jumps and 4 rappels.		
<b>Return:</b> (machine translated) Arriving at the road bridge we climb up and walk along the road to the Proacina turnoff in search of our parking place.		
<b>Coordinates:</b> Canyon Start <a href="#">43.2553 -6.0133</a>		

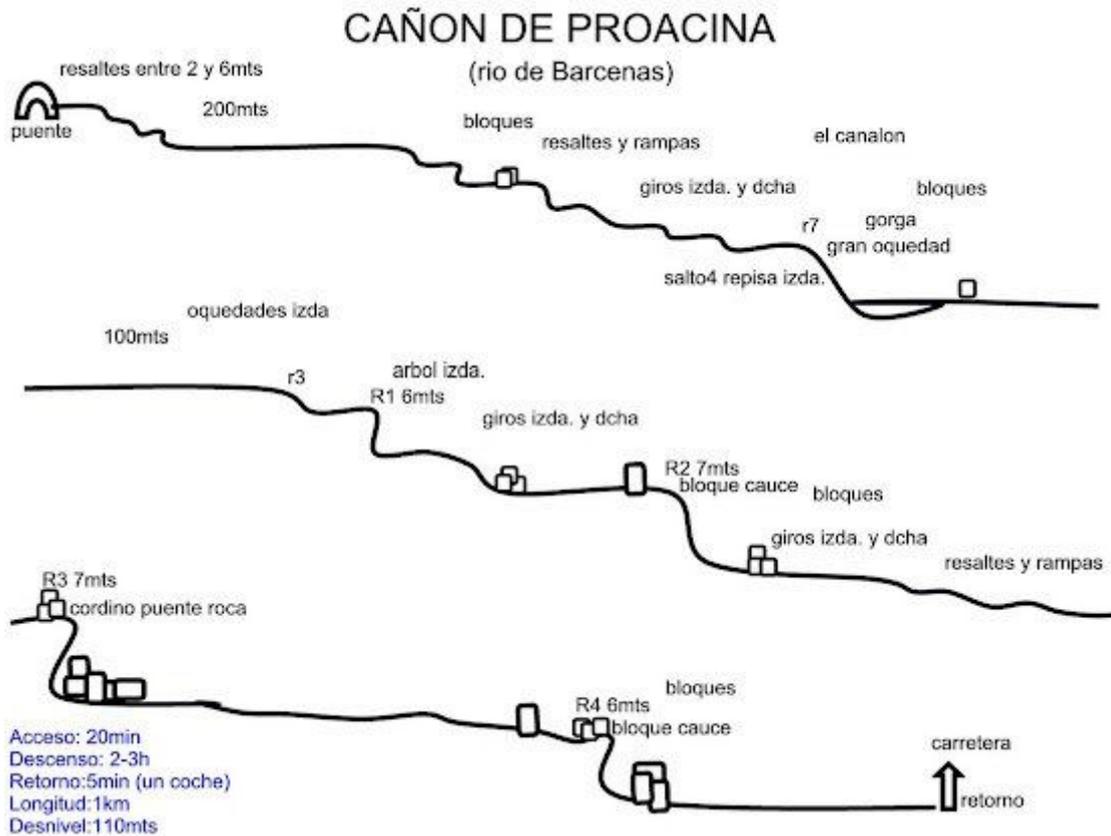
## Reports:

2024-06-16 | System User | |📖|📍| |

Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Hidrología, Acceso, Acceso, Recorrido, Regreso, Tiempo acceso, Tiempo regreso, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de <https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:asturias:proacina>

2023-03-09 | System User | |📖|📍| |

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