

# Cruou

Cascades du Cruou, Ruisseau de Cruou

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2023-11-20 21:16:55	<b>Update:</b> 2025-06-27 21:56:24	<b>Print:</b> 2026-06-28 03:06:39
<b>Country:</b> France <b>Region:</b> Occitanie <b>Subregion:</b> Aveyron <b>Town:</b> Salles-la-Source		
<b>Difficulty:</b>	<b>Grading:</b> v? a? ?	<b>Total time:</b> 45min
<b>Approachtime:</b> 0min	<b>Tourtime:</b> 30min	<b>Returntime:</b> 15min
<b>Altitude entry:</b> 470m	<b>Altitude exit:</b> 420m	<b>Delta Altitude:</b> 50m
<b>Canyon length:</b> 300m	<b>Highest rapell:</b> 17m	<b>Amount rapells:</b>
<b>Transport:</b>	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 1.8 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Specialities:</b>		
<b>Gear:</b>		
<b>Summary:</b> Rohdaten Import von Descente Canyons <a href="https://www.descente-canyon.com/canyoning/canyon/2763">https://www.descente-canyon.com/canyoning/canyon/2763</a>		
<b>Hydrology:</b>		
<b>Access:</b>		
<b>Approach:</b>		
<b>Tour:</b>		
<b>Return:</b>		
<b>Coordinates:</b> Canyon Start <a href="#">44.4919 2.5378</a>		
<b>Reports:</b>		
2023-03-09   System User   ★   📖   📍     Daten importiert von <a href="https://www.descente-canyon.com/canyoning/canyon/2763/Cruou.html">https://www.descente-canyon.com/canyoning/canyon/2763/Cruou.html</a>		