Riou de la Bollène

Riou de la Bollène,La Bollène

Create: 2023-03-09 20:55:20	**Update:** 2025-08-01 20:37:43	**Print:** 2026-11-10 02:11:28
Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** La Bollène Vésubie		
Difficulty: not as difficult	**Grading:** v3 a3 II	**Total time:** 3h30
Approachtime: 10min	**Tourtime:** 3h	**Returntime:** 20min
Altitude entry: 770m	**Altitude exit:** 550m	**Delta Altitude:** 220m
Canyon length: 2000m	**Highest rapell:** 20m	**Amount rapells:** 11
Transport: Car required	**Rock type:**	**Drainage area:** 10.00km²
Season: June - September	**Orientation:** West	**Best Time:**
Rating: ☆ 3.8 (10)	**Info:** ★ 2.5 (8)	**Belay:** ★ 3 (7)

Specialities:

Gear:
Ropes: 2x 20m

Summary: (machine translated)
Varied forest gorge with fun potential (many slides and possible jumps)

Hydrology:

Access: (machine translated)
From Nice, take the N 202 up the Var for approx. 29 km to Plan-du-Var. Shortly after this village, turn right into the Vesubie valley. 19 km after the turn-off, you pass through Lantosque. About 1.5 km further on, park the lower vehicle at the La Dorgane picnic area. If you think there is too much risk of your car being broken into here, you can park it about 200 m further on at the road junction to la Bollène near an inhabited house.
With the other vehicle, turn right at the junction onto the D70, up to the village of Bollène and through it. The road continues above the canyon. You drive through a tunnel and at the next sharp left-hand bend at the edge of the slope there is space for the second vehicle (835 m above sea level), provided you haven't got up too late.

Approach: (machine translated)
From the parking lot, take the wide footpath down to the bridge over the Bollène.

Tour: (machine translated)
Forest gorge with slippery rocks and several jumps and slides.
Sometimes crowded, especially by commercial visitors; large slide better not from the top, but from the rope due to lack of control; long slide afterwards without any problems (but lying down!). Here it is also possible to jump out of the vertical wall from the left.
Please leave the water drainage untouched.

Return: (machine translated)
After the last somewhat larger pool, descend on the footpath on the right bank, then later on a bridge to the left bank and out to the La Dorgane picnic area. It is important not to climb up to the village of Bollène.

Coordinates:
Canyon Start 43.9824 7.3439
Canyon End 43.9873 7.3314
Parking at Entry 43.9827 7.3410
Parking at Exit 43.9852 7.3203

Reports:

2025-10-17 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Ras avec oliv afterwork Dc - ambiance automnale (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-10-01 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène RAS (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-25 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Dc- mais reste très ludique, tous les sauts et tob passent.. Attention très glissant. Équipement ok (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-21 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Niveau d’eau plus bas que d’habitude, mais les sauts restent praticables.Vasques claires jusqu’au captage du canal ; ensuite, certaines sont recouvertes de feuilles mais aucune n’est croupie.Parcours globalement assez glissant.Eau froide mais supportable : les gants sont les bienvenus.Équipement : RAS. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-15 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Tout passe le débit est correct mais très très tranquiiiille je ne l’avais pas faite depuis un moment la dernière cascade qui était 2 cascades de mémoire avant est éboulée et oblige un rappel mais j’ai dû rater pas mal d’épisodes lol (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-14 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène DC-. Eau froide mais encore supportable.Tout les sauts passent. Certains passages sont glissants mais on ne peut pas dire que le canyon en entier l'est. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-10 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène DC-, RAS, ça saute ! + D'infos Nico 0618522515 (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-10 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène DC- (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-07 | Andreas B | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Normal | 👍 Completed
Superiore jumps and slides. Everything was doable without ropes until the exit. With the higher jumps, especially towards the exit, you should pay close attention to your immersion technique, as the water is sometimes not as deep as it seems. For example, the one where you bypass a small pool on the left and jump into the next one on the left from about 6-8m. must have been spot no. 4. The canyon is highly recommended. Six of us with two children went through it in 2:50 if you jump / slide most of the way. (machine translated)

2025-09-03 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Tout passe sauf dernier rappel (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-03 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon La Bollène DC- Ras, Canyon magnifique et très glissant (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html)

2025-09-02 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed