

Riou de la Bollène

Riou de la Bollène, La Bollène

Create: 2023-03-09 20:55:20	Update: 2025-08-01 20:37:43	Print: 2026-02-11 02:02:29
Country: France Region: Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur Subregion: Alpes-Maritimes Town: La Bollène Vésubie		
Difficulty: not as difficult	Grading: v3 a3 II	Total time: 3h30
Approach time: 10min	Tourtime: 3h	Returntime: 20min
Altitude entry: 770m	Altitude exit: 550m	Delta Altitude: 220m
Canyon length: 2000m	Highest rappel: 20m	Amount rapells: 11
Transport: Car required	Rock type:	Drainage area: 10.00km ²
Season: June - September	Orientation: West	Best Time:
Rating: ★ 3.8 (9)	Info: ★ 2.5 (8)	Belay: ★ 3 (7)
Specialities:		
Gear: Ropes: 2x 20m		
Summary: (machine translated) Varied forest gorge with fun potential (many slides and possible jumps)		
Hydrology:		
Access: (machine translated) From Nice, take the N 202 up the Var for approx. 29 km to Plan-du-Var. Shortly after this village, turn right into the Vesubie valley. 19 km after the turn-off, you pass through Lantosque. About 1.5 km further on, park the lower vehicle at the La Dorgane picnic area. If you think there is too much risk of your car being broken into here, you can park it about 200 m further on at the road junction to la Bollène near an inhabited house. With the other vehicle, turn right at the junction onto the D70, up to the village of Bollène and through it. The road continues above the canyon. You drive through a tunnel and at the next sharp left-hand bend at the edge of the slope there is space for the second vehicle (835 m above sea level), provided you haven't got up too late.		
Approach: (machine translated) From the parking lot, take the wide footpath down to the bridge over the Bollène.		
Tour: (machine translated) Forest gorge with slippery rocks and several jumps and slides. Sometimes crowded, especially by commercial visitors; large slide better not from the top, but from the rope due to lack of control; long slide afterwards without any problems (but lying down!). Here it is also possible to jump out of the vertical wall from the left. Please leave the water drainage untouched.		
Return: (machine translated) After the last somewhat larger pool, descend on the footpath on the right bank, then later on a bridge to the left bank and out to the La Dorgane picnic area. It is important not to climb up to the village of Bollène.		
Coordinates: Canyon Start 43.9824 7.3439 Canyon End 43.9873 7.3314 Parking at Entry 43.9827 7.3410 Parking at Exit 43.9852 7.3203		

Reports:

2025-09-10 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène DC-, RAS, ça saute ! + D'infos Nico 0618522515 (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-09-10 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène DC- (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-09-09 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-09-07 | Andreas B | ★★★★★ | |📖 | ★★★ |⚓ | ★★★ | ≙ Normal | 🌟 Completed

Superiore jumps and slides. Everything was doable without ropes until the exit. With the higher jumps, especially towards the exit, you should pay close attention to your immersion technique, as the water is sometimes not as deep as it seems. For example, the one where you bypass a small pool on the left and jump into the next one on the left from about 6-8m. must have been spot no. 4. The canyon is highly recommended. Six of us with two children went through it in 2:50 if you jump / slide most of the way. (machine translated)

2025-09-03 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Tout passe sauf dernier rappel (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-09-03 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène DC- Ras, Canyon magnifique et très glissant (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-09-02 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-08-30 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

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2025-08-30 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène Ras meme conditions que d'habitudesTout passe sauf le dernier Photos et vidéos sur Facebook ABC Apéro Barbecue Canyon (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-08-23 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

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2025-08-20 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

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2025-08-19 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène ras (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-08-16 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)

2025-08-08 | System User | |📖 |⚓ | ≙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon La Bollène DC. Parcouru en 3h15 à 2 en prenant notre temps. Seuls dans le canyon démarré l'après midi. Le 1er toboggan j'ai sauté mais il faut une bonne impulsion car risque de toucher. Jeux sans navette en se garant sortie du village. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2228/observations.html>)