Lizerne de la Mare

Lizerne

Create: 2024-06-05 23:17:29	Update: 2024-08-30 11:29:14	Print: 2025-11-08 06:11:57
Country: Schweiz / Switzerland Region: Kanton Wallis / Canton du Valais Subregion: Bezirk Conthey Town: Conthey		
Difficulty: not as difficult	Grading: v3 a3 III	Total time: 3h45
Approachtime: 1h30	Tourtime: 2h	Returntime: 15min
Altitude entry: 2030m	Altitude exit: 1780m	Delta Altitude: 250m
Canyon length: 600m	Highest rapell: 30m	Amount rapells: 13
Transport: on Foot	Rock type: limestone	Drainage area: 2.00km²
Season: July - October	Orientation: West	Best Time: 10-16 o'clock
Rating: ☆ 3 (2)	Info: ★ 2 (1)	Belay: ★ 2 (1)
Constant Paris		

Specialities:

suitable in rainy weather,

Gear:

Ropes: 2x30m

Summary: (machine translated)

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Canyon in two parts, the first is similar to the one in Flims, but less interesting. The second part is a bit more involved and incised, but not the prettiest limestone. (machine translated)

Hydrology: (machine translated)

Most of the water you see at the parking lot comes from a spring, the stream itself hardly carries anything.

Access:

Approach: (machine translated)

Cool hiking trail up through Poteu du bois.

Tour: (machine translated)

The canyon has 2 parts, with a walking passage in between.

At the top it is more open with beautifully polished waterfalls, and a great gulch with more angular rock.

Return:

Coordinates:

Canyon Start <u>46.2984 7.2655</u> Parking at Entry 46.2935 7.2395

Reports:

2023-03-09 | System User | ☆ ☆ ☆ |🎞 | 🕹 | |

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I quite liked it, it would certainly be cool to do it right after the rain. (machine translated)

First descent: 09.10.2021 by Timo, Reto