

Bief a la Dame

Gorges du Bief à la Dame

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Create: 2023-03-09 20:51:52	Update: 2024-01-04 16:15:13	Print: 2026-02-11 07:02:41
Country: France Region: Auvergne-Rhône-Alpes Subregion: Ain Town: Le Poizat		
Difficulty: not as difficult	Grading: v3 a3 II	Total time: 1h45
Approachtime: 10min	Tourtime: 1h30	Returntime: 5min
Altitude entry: 725m	Altitude exit: 610m	Delta Altitude: 115m
Canyon length: 1100m	Highest rapell: 22m	Amount rapells: 9
Transport: Car optional	Rock type:	Drainage area: km²
Season:	Orientation: North	Best Time:
Rating: ★ 1.4 (1)	Info: ★ 0 ()	Belay: ★ 0 ()
Specialities:		
Gear: Ropes: 2x25m		
Summary: (machine translated) Forest canyon for rappeling		
Hydrology:		
Access: (machine translated) In Geneva (after the border), we join the A 40 highway (Autoroute Blanche) in the direction of Lyon. We drive on this highway for about 46 km. After passing through the 3rd tunnel, we pass the elongated Lac Sylans, which lies to the left below (south) of the A 40. At the exit directly at the western exit of the lake (towards Nantua), we leave the A 40, join the D 1084 (the former N 84) and drive on it in the opposite direction along Lac Sylans for almost exactly 5 km. Then we turn right onto the D 55 B. Follow this road uphill in the forest for just over 500 m in a southerly direction. The road then crosses "our" stream in a hairpin bend. Before the bridge on the right, there is plenty of space for our lower car. The second car continues uphill in the forest. After about 2.5 km, we come to a crossroads and turn right here onto the D 55. About 250 m after the crossroads, we pass through the village of Lalleyriat and continue uphill over open terrain to the next village of Poizat. We also pass through this village and come to the somewhat remote district of Le Replat. Here we turn right off the existing road onto Rue Champ Conty and head downhill in a north-northern direction along the tarred road. Keep right at the junction. We reach the exit of the tarred road and park our top vehicle here.		
Approach: (machine translated) From the exit of the tarred road (where it branches), a dirt road leads down the middle in a northeasterly direction. The forest road takes a turn to the right and we see below us the streambed descending from the south. We descend into the streambed and are immediately above the 20 m rappel.		
Tour: (machine translated) The streambed is extremely slippery, several walking passages, repeated dead wood in the chute, worth it only when there is water flow.		
Return: (machine translated) Before reaching the parking lot with the lower car left out onto a slope that leads to the parking lot.		

Coordinates:




Canyon Start [46.1470 5.6900](#)

Canyon End [46.1595 5.6928](#)

Parking at Entry [46.1483 5.6870](#)

Parking at Exit [46.1602 5.6929](#)

Reports:

2023-03-09 | System User |  |  |  | |

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