

# Inner Sandbach

<b>Create:</b> 2023-11-20 21:11:04	<b>Update:</b> 2024-08-30 08:44:52	<b>Print:</b> 2026-02-11 05:02:13
<b>Country:</b> Schweiz / Switzerland <b>Region:</b> Kanton Bern / Canton de Berne <b>Subregion:</b> Verwaltungskreis Interlaken-Oberhasli / Interlaken-Oberhasli administrative district <b>Town:</b> Grindelwald		
<b>Difficulty:</b> not as difficult	<b>Grading:</b> v3 a2 III	<b>Total time:</b> 4h50
<b>Approach time:</b> 1h30	<b>Tour time:</b> 3h	<b>Return time:</b> 20min
<b>Altitude entry:</b> 2035m	<b>Altitude exit:</b> 1635m	<b>Delta Altitude:</b> 400m
<b>Canyon length:</b> 800m	<b>Highest rappel:</b> 25m	<b>Amount rappels:</b> 25
<b>Transport:</b> Cablecar	<b>Rock type:</b> limestone	<b>Drainage area:</b> 0.50km <sup>2</sup>
<b>Season:</b> July - October	<b>Orientation:</b> North	<b>Best Time:</b> 10-16 o'clock
<b>Rating:</b> ★ 4 (3)	<b>Info:</b> ★ 2 (1)	<b>Belay:</b> ★ 2 (2)
<b>Specialities:</b> suitable in rainy weather,		
<b>Gear:</b> Ropes: 2x30m		
<b>Summary:</b> (machine translated) Raw data import from Descente Canyons <a href="https://www.descente-canyon.com/canyoning/canyon/23205">https://www.descente-canyon.com/canyoning/canyon/23205</a>		
<b>Hydrology:</b>		
<b>Access:</b> (machine translated) Parking in Grindelwald.		
<b>Approach:</b> (machine translated) Take the train to Alpiglen, and from there up to the start. The last 200 m have to be done without a trail.		
<b>Tour:</b> (machine translated) Many very nice short gulches, some of them very narrow.		
<b>Return:</b> (machine translated) Back on the train to Alpiglen.		
<b>Coordinates:</b> Canyon Start <a href="#">46.5929 8.0161</a> Unknown Parking <a href="#">46.6234 8.0223</a>		
<b>Reports:</b>		
2024-09-07   Peisen   ★★★★★   ⚡   ⚓ ★★   ⚡ Low   ✅ Completed Many exit options. Mostly very easy to walk. Exit of the canyon at the trail bridge. Water was cold but not much. From 12 o'clock beautiful sun in alpine ambience and best view up and down. (machine translated)		
2023-03-09   System User   ★★★★★   ⚡   ⚓     Daten importiert von <a href="https://www.descente-canyon.com/canyoning/canyon/23205/Inner-Sandbach.html">https://www.descente-canyon.com/canyoning/canyon/23205/Inner-Sandbach.html</a>		
2021-09-05   Bubtore   ★★★★★   ⚡ ★★   ⚓ ★★   ⚡ Low   ✅ Completed Great thing, still really cold at the top, and as soon as the water seeps away and the sun comes out, you start looking for pools of water. (machine translated)		