

# Trompines

Cascades des Trompines,Derroc,La Cassole

**Info: The quality of this description has not been checked yet or was rated bad.**

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**Create:** 2023-11-20 21:21:27

**Update:** 2025-06-27 21:56:51

**Print:** 2026-06-28 03:06:10

**Country:** France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Var **Town:** Cotignac

**Difficulty:** a little difficult

**Grading:** v4 a3 l

**Total time:** 1h30

**Approachtime:** 0min

**Tourtime:** 1h30

**Returntime:** 0min

**Altitude entry:** 316m

**Altitude exit:** 196m

**Delta Altitude:** 120m

**Canyon length:** 900m

**Highest rapell:** 32m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 2.5 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:**

Rohdaten Import von Descente Canyons <https://www.descente-canyon.com/canyoning/canyon/22370>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

Canyon Start [43.5299 6.1442](#)

Canyon End [43.5259 6.1479](#)

Parking at Entry [43.5321 6.1462](#)

Parking at Exit [43.5251 6.1493](#)

Unknown [43.5303 6.1447](#)

**Reports:**

2023-03-09 | System User | ★ ★ ↓ | 📖 | 📍 | |

Daten importiert von <https://www.descente-canyon.com/canyoning/canyon/22370/Trompines.html>