

Flem II

Flem I I, Flem, Flem 2

Create: 2023-03-09 20:52:24	Update: 2025-08-09 17:02:35	Print: 2026-02-11 04:02:13
Country: Schweiz / Switzerland Region: Kanton Graubünden Subregion: Region Imboden Town: Flims		
Difficulty: difficult	Grading: v4 a5 IV	Total time: 3h30
Approachtime: 25min	Tourtime: 2h30	Returntime: 35min
Altitude entry: 1750m	Altitude exit: 1660m	Delta Altitude: 90m
Canyon length: 470m	Highest rapell: 25m	Amount rapells:
Transport: Cablecar	Rock type:	Drainage area: 18.00km ²
Season: October - November	Orientation: South	Best Time:
Rating: ★ 5 (4)	Info: ★ 2 (2)	Belay: ★ 2.3 (3)
Specialities: Glacier in drainage area, Dam, Water catchment,		
Gear: Ropes: 2x 30m		
Summary: (machine translated) Polished, small-branched and watery glacial stream		
Hydrology: Online Wassermessung von flimselectric beachten Richtwerte: < 80l/sec: OK 80l/sec - 200l/sec = mittlerer Wasserstand 200l/sec - 350l/sec: hoher Wasserstand - gefährlich! > 350l/sec: Akute Lebensgefahr! Notabschaltungen der Turbine sind jederzeit möglich. Begeher sollten auch markant mehr Wasser händeln können.		
Access: (machine translated) Travel from Flims to Startgels on the new FlemXpress since December 2023.		
Approach: (machine translated) Summer access: From the Startgels cable car station, take the hiking trail directly along the stream to Punt Desch (several bridges over Flem) Winter access: From the Startgels cable car station, follow the edge of the ski slope up to Punt Desch. Punt Desch is the Flem bridge between parts I and II (entry Flem II into the large pool 20m below the bridge from the right-hand side, in winter rope in directly upstream of the bridge if necessary, the anchor comes after the 1m jump orog. on the left).		
Tour: (machine translated) See photos and video of Flem II. exit before the bridge to the right		

Return: (machine translated)

The return journey is made more difficult by the new FlemXpress. As of 01/2025 (still in test operation), it is not possible to take the lift directly down (neither Foppa nor Startgels). You have to ride all the way up to Nagens Sura to be able to ride all the way down again.

Be careful with tickets with a single ride to Stargels for access! Possibly no return journey possible. It is also not possible to buy a ticket to Nagens, as the gondola does not stop in Foppa/Startgels on the way! (An employee let us ride from Startgels to Nagens free of charge and we stayed in the gondola and rode down)

Coordinates:

Canyon Start [46.8626 9.2529](#)

Canyon End [46.8590 9.2512](#)

Reports:

2025-01-03 | Airmax | ★★★★★ | 📖★★★★ | ⚓★ | 🌊 Normal | 🍏 Completed

Currently a borderline amount of snow and ice in the canyon. Challenging winter conditions at the moment. Abalakov technique should work. (machine translated)

2023-10-01 | Christian Balla | ★★★★★ | 📖★ | ⚓ | | 🛑 Not done

Flims-Foppa-Naraus cable car has now been dismantled. The canyon is therefore currently difficult to reach. (machine translated)

2023-03-09 | System User | | 📖 | ⚓ | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/FlemIICanyon.html>

2019-10-05 | Christian Balla | ★★★★★ | 📖 | ⚓★★★★ | 🌊 Crazy | 🍏 Completed

Tour video: <https://youtu.be/bamRMsJchb4?si=0refFehlCPHclx8c> (machine translated)

2018-10-02 | Christian Balla | ★★★★★ | 📖 | ⚓★★★★ | 🌊 Normal | 🍏 Completed

Tour video: <https://youtu.be/f6GSS4mAZxc> (machine translated)

Parts:

Flem I - III, v4 a5 IV, 35min+1h30+20min

Flem II, v4 a5 IV, 25min+2h30+35min