

# Lao

Fiume Lao

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**Create:** 2024-06-05 22:54:19

**Update:** 2026-01-15 18:27:57

**Print:** 2026-06-27 12:06:12

**Country:** Italia / Italy **Region:** Calabria **Subregion:** Cosenza **Town:** Laino Borgo

**Difficulty:** very easy

**Grading:** v1 a? ?

**Total time:**

**Approachtime:**

**Tourtime:**

**Returntime:**

**Altitude entry:** 270m

**Altitude exit:** 177m

**Delta Altitude:** 93m

**Canyon length:** 6000m

**Highest rapell:** m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

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**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

**Reports:**

2023-03-09 | System User | |  |  | |

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