

Estrechos de Crispín

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Create: 2026-03-14 22:13:41

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Country: España / Spain **Region:** Castilla y León **Subregion:** León **Town:**

Difficulty: easy

Grading: v2 a2 II

Total time: 1h20

Approachtime: 5min

Tourtime: 1h

Returntime: 15min

Altitude entry: m

Altitude exit: m

Delta Altitude:

Canyon length: 500m

Highest rapell: 9m

Amount rapells: 2

Transport:

Rock type:

Drainage area: km²

Season: March - November

Orientation:

Best Time:

Rating: ★ 0 ()

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)

Beautiful initiation canyon next to the station of San Isidro on its south face. A magnificent setting of 2000m high mountains and green meadows to enjoy these small but intense straits, where we will find jumps, slides and a couple of small rappels. Immediate access and quick and comfortable return. Very used by companies in the area. Caution if it goes in load with spring flows and thaws.

When we finish the activity we can taste sausages and typical dishes in the village restaurant, 100% recommendable.

Hydrology:

Sí

Access: (machine translated)

To go to Redipuertar we will take the CL626 to La Vecilla.

Here we take the LE321 to Lugueros. We will pass it and follow the road to San Isidro, we will arrive at Redipuertas, we can park here or follow the road for a kilometer to reach a track that comes out on the right in a left curve. We will park on this track before the bridge over the river.

Approach: (machine translated)

At the little bridge over the river we will access

Tour: (machine translated)

A couple of slides, jumps and ledges before entering the narrows. Once the narrows open, the descent is over.

Return: (machine translated)

When the ravine opens up, we turn left onto the road.

Coordinates:

Canyon Start [43.0216 -5.4423](#)

Canyon End [43.0216 -5.4424](#)

Reports:

2024-06-16 | System User |   | |

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