Canyon Sopho

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2025-05-29 13:11:56	**Update:** 2025-05-29 16:22:29	**Print:** 2026-11-10 02:11:32

Country: საქართველო / Georgia **Region:** აჭარის ავტონომიური რესპუბლიკა **Subregion:** ხელვაჩაურის მუნიციპალიტეტი **Town:** Kapnistavi / კაპნისთავი

Difficulty: a little difficult	**Grading:** v4 a2 IV	**Total time:** 4h12
Approachtime: 40min	**Tourtime:** 3h30	**Returntime:** 2min
Altitude entry: 650m	**Altitude exit:** 400m	**Delta Altitude:** 250m
Canyon length: 550m	**Highest rapell:** 35m	**Amount rapells:** 8
Transport: Car required	**Rock type:** limestone	**Drainage area:** km²
Season: April - November	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Warnings:
Canyon Sopho

Specialities:

Gear:
Ropes: 40x2

Summary:
Canyon Sopho is located in the Georgian region of Adjara, approximately 30 km from the city of Batumi, near the village of Kapnistavi, in the Kapnistavi River valley.

The starting point of the canyon is at an elevation of 650 meters above sea level, and the endpoint is at 400 meters. The length of the canyon is approximately 550 meters. There are 7 waterfalls in total, with the highest reaching 50 meters.

There are 8 abseiling stations, some with intermediate points. The valley is very narrow, with depths of 40–50 meters in some sections. The water level is usually low to moderate, but it can rise rapidly during heavy rain.

The first waterfall is 50 meters high and is equipped with two abseiling stations. The first rope section is 20 meters, and the second is 35 meters.

To ensure safety in the narrow canyon and to avoid descending directly into a waterfall, it is recommended to use a guided rappel system for the descent at the fifth waterfall.

The hike from the parking area to the starting point takes approximately 30–40 minutes. The initial section of the hiking trail follows iron ladders.

Hydrology:

Access:

Approach:

Tour:

Return:

Coordinates:
Canyon Start 41.5615 41.7431
Canyon End 41.5522 41.7425

Reports:

First descent: 06.12.2022 by Georgian Canyoning