Eau Froide

Canyon de l' Eau Froide

Create: 2023-03-09 20:54:14	**Update:** 2025-05-22 20:49:45	**Print:** 2026-11-10 02:11:22
Country: Schweiz / Switzerland **Region:** Kanton Waadt / Canton de Vaud **Subregion:** Bezirk Aigle **Town:** Roche		
Difficulty: a little difficult	**Grading:** v4 a3 V	**Total time:** 8h50
Approachtime: 2h	**Tourtime:** 6h	**Returntime:** 50min
Altitude entry: 1110m	**Altitude exit:** 650m	**Delta Altitude:** 460m
Canyon length: 2345m	**Highest rapell:** 45m	**Amount rapells:** 40
Transport: on Foot	**Rock type:** limestone	**Drainage area:** 10.00km²
Season: June - October	**Orientation:** Southwest	**Best Time:** 10-16 o'clock
Rating: ☆ 4.1 (10)	**Info:** ★ 2 (3)	**Belay:** ★ 2 (6)

Specialities:
Dam (inform operator),

Gear:
Ropes: 2x 50m

Summary: (machine translated)
Challenging canyon classic with impressive gorge towards the exit. Mostly slippery underground. Old wood is to be expected. Cold water - as the name suggests.

Hydrology:

Access: (machine translated)
We leave the Rhone Valley highway at the east end of Lake Geneva via the Villeneuve exit. It goes to Roche and we park our car near the slope and stream (see approach on Google aerial photo).

Approach: (machine translated)
The path with destination of the hut "Tête Ronde" (1160m altitude) begins on the orographic. right bank of the stream and is marked with red arrows. It goes up in many serpentines. At 810m altitude the path crosses the stream. Here you can enter if you want to walk only the more interesting lower part. Otherwise, it continues upwards until 1100m altitude. Then we leave the path and head north towards the streambed.

Tour: (machine translated)
See topographic view, photos and video.

Return: (machine translated)
At the end of the descent you can climb out of the streambed once to the right - not difficult - look for the access path and descend on it. Alternatively, you can downclimb a bit laboriously in the streambed, which is covered with boulders, until you reach the houses of Roche.

Coordinates:
Canyon Start 46.3736 6.9478
Alternative Canyon End 46.3662 6.9400
Parking Entry and Exit 46.3609 6.9337
Canyon End 46.3616 6.9342

Reports:

2025-10-11 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide DC-Amarrages OK (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-09-17 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide Descendu de nuit en mode afterwork. Equipement ok. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-08-15 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide RAS (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-08-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide Ras DC- (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-08-06 | Tim | ☆ ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | 〰 Normal | 👍 Completed
All jumps and slides are doable, if you only do the lowest part (part 4) the canyon is rather short. After the last part, you can downclimb and walk through the river, but it is difficult. (machine translated)

2025-08-03 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-07-20 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide La dernière vasque s'est un peu remplie de gravier. On touche un peu quand on saute (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-07-16 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-07-12 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide Approche 1h30 ça grimpe mais ce n'est pas si abominable, descente 4h à 3, retour 30mn en suivant les points rouges directement rive droite après le dernier obstacle (petit cairn), beaucoup de bois dans la première partie la rendant bien moins intéressante, le reste vaut le détour, RAS si ce n'est très glissant (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-06-19 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide RAS (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-06-14 | Nathan | ☆ ☆ ☆ |🕮 |⚓ ★ ★ | 〰 Normal | 👍 Completed
As already written, the upper part is quite cluttered and can lose interest. The lower part is in order. Moorings in order (machine translated)

2025-05-16 | Alex Arnold | ☆ ☆ ☆ ☆ |🕮 |⚓ | 〰 Normal | 👍 Completed
Ass cold (machine translated)

2025-05-15 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide RasSeulement parcouru la partie inférieure. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)

2025-05-11 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Eau Froide Equipement ok. Glissant et pas mal de nouveaux bois dans la partie amont limitant certains sauts. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21027/observations.html)
