

Gries

Gamchibach

Create: 2023-03-09 20:54:22	Update: 2025-08-05 18:22:28	Print: 2026-02-11 04:02:49
Country: Schweiz / Switzerland Region: Kanton Bern / Canton de Berne Subregion: Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district Town: Kiental		
Difficulty: very difficult	Grading: v5 a6 IV	Total time: 3h15
Approachtime: 10min	Tourtime: 3h	Returntime: 5min
Altitude entry: 1350m	Altitude exit: 1150m	Delta Altitude: 200m
Canyon length: m	Highest rapell: 35m	Amount rapells:
Transport: Car optional	Rock type:	Drainage area: 26.20km ²
Season:	Orientation: West	Best Time:
Rating: ★ 4.8 (5)	Info: ★ 2.5 (4)	Belay: ★ 2 (4)
Specialities: Glacier in drainage area, Winter canyon,		
Gear: Headlamp,		
Summary: (machine translated) Immensely impressive gorge of a glacial stream that is generally accessible only in November and December. One of the great tours in the Bernese Oberland.		
Hydrology:		
Access: (machine translated) A6 to Spiez, then turn off in the direction of Adelboden. In Reichenbach turn left and follow the road uphill to Kiental. Continue in the direction of Griesalp. Exit parking: After crossing the wide valley floor at Tschingelsee, park at the pay parking lot (2016: 2 Chf, exchange machine for francs available) Intrance parking: Follow the steep road uphill over several hairpin bends until a road branches off to the left in the direction of Pochtenalp. In the area of the bridge small parking possibilities.		
Approach: (machine translated) Descend into the streambed above the bridge.		
Tour: (machine translated) Rappel right from a tree with a sling, cross the pool and climb left to the next anchor. Rappel 12m and carefully pass the tree trunk to reach the next 14m rappel. After short walking passages the canyon opens for a moment before a 35m rappel into the dark cathedral. Intermediate position possible after 25m on the right. In December 2016, here were many tree trunks that were thrown into the gorge during forestry work. The next rappel can be rappelled from the left or from the right. Climbing to the right anchor is technically difficult (V+). Another 12m rappel brings you back out into the open. The anchor for the 27m high Pochtenfall is located behind the right edge and is reached by a wide straddle step. After a short walking passages follows the short second gorge with two low rappels and a waterfall from the left. Walk 100m before the last gorge section of the Hexenkessel begins. After the bridge, jump 3m or go around to the left, then carefully downclimb to the downclimb anchor on the right above a 5m step. Climb the ropes to the right onto the small ledge under the overhang and rappel 18m into the pool under the Hexenkessel. From now on only downclimb and jump in a beautiful gorge.		
Return: (machine translated) Cross to the right to the parking lot		
Coordinates: Canyon Start 46.5478 7.7591 Parking at Exit 46.5494 7.7562 Parking at Entry 46.5476 7.7590 Canyon End 46.5485 7.7564		

Reports:

2023-03-09 | System User | ★★★★★ | 📖 | 🚶 | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/GriesCanyon.html>

2021-11-05 | Christian Balla | ★★★★★ | 📖★★★★ | 🚶★★ | 🌊 High | 🟢 Completed

High volume of water but doable. Hooks in good condition, but in one place so extremely icy that we could not use them. (machine translated)

2021-11-02 | Christian Balla | ★★★★★ | 📖★★★★ | 🚶★★ | 🌊 Crazy | 🛑 Not done

The water level was too high for a safe ascent without knowing the canyon. (machine translated)

2021-10-30 | Bubtore | ★★★★★ | 📖★★★★ | 🚶★★ | 🌊 High | 🟢 Completed

Difficult undertaking with so much water. One of the 2nd group that went in got stuck more than 2 hours before the Hammer Mental. A rucksack was also lost. (machine translated)

2016-12-09 | GeorgB | ★★★★★ | 📖★★★★ | 🚶★★ | 🌊 Low | 🟢 Completed

Low water level for this stream. Many tree obstacles in the high waterfall, otherwise everything perfect (machine translated)